

SUMMARY OF BENEFITS

This summary provides a brief description of certain benefits and terms of your health care plan. Throughout this Policy, Blue Cross of Idaho may be referred to as BCI. Please review this entire booklet for a complete explanation of benefits, limitations, exclusions, and general provisions.

Deductible: \$250 per Insured; maximum of three (3) deductibles per family per calendar year. Benefits are payable after the Deductible has been met.

Stop Loss Coverage: 100% of necessary medical charges paid for an Insured after \$2,000 of expenses have been paid by BCI at 80% in a calendar year (\$500 out-of-pocket plus deductible) for Major Medical and Basic Medical, Surgical and Hospital Benefits, unless specifically listed in this Policy..

Lifetime Maximum: \$250,000 per Insured; automatic \$1,000 reinstated annually. Basic benefits are not subject to the lifetime maximum.

Please note: Insureds will be responsible for a 20% coinsurance (and charges over the Allowable Charge) when services are provided by a nonparticipating physician/provider.

PARTICIPATING PHYSICIAN AND PROVIDER SERVICES

Hospital calls for illness or injury as an inpatient.....	100%*
Surgical services (including assistant surgeon)	100%*
Office, home and outpatient hospital calls for injury or surgery.....	100%*
Second and third surgical opinions	100%*
Office, home and outpatient hospital calls for illness.....	80%*
Diagnostic lab and x-ray for scheduled Admission	80%*
Nonparticipating physician/provider	80%*

HOSPITAL ADMISSION REVIEW

All inpatient admissions must be approved by BCI. For assistance with hospital admission review, call toll-free 1- 800-351-2370.

HOSPITAL SERVICES

Room and board will be provided at 100%* of semi-private room rate up to a maximum benefit of 70 days per confinement.

Other hospital services (including operating room, delivery room, anesthesia, intensive or coronary care unit, lab and x-ray, medicines, oxygen, physical therapy, cast and emergency room, and administration of blood will be provided at 100%*.)

OTHER SERVICES

Benefits shall be provided at 100%* up to the listed limit, balance payable at 80%* under Major Medical and subject to the deductible.

Diagnostic x-ray and lab services..... \$100.

Ambulance services per injury or inpatient confinement.....\$100.

Supplemental accidental benefit is payable up to \$300.

Chiropractic: Provided at 80%*, \$800 maximum per Insured. See page 21, item 4(L) and page 52, item 48(F)(7).

Durable Medical Equipment: Provided at 80%* with prior authorization from BCI. See page 51, item 48(F)(2).

Home Health Care: Provided at 100%* when services are provided by an approved home health care agency. Limited to a maximum of \$5,000 per calendar year. See page 20, item 4(F) and page 53, item 51.

Home Infusion Therapy: Provided at 80%* for Medically Necessary home infusion therapy services and supplies when provided by a BCI- approved home infusion therapy provider. See page 53, item 50.

Hospice Care: Provided at 100%* up to a maximum of \$5,000. Benefits are available for six months. See page 20, item 4(G) and page 46, item 44.

Maternity: Provided at 100%*. See page 39, item 33.

MENTAL OR NEUROPSYCHIATRIC CONDITIONS AND CHEMICAL DEPENDENCY

Inpatient Acute Care: Provided at 100%*. Limited to 8 days per calendar year. See page 20, item 4(B) and page 38, item 31.

Inpatient Rehabilitation: Provided at 100%*. Limited to 4 days per calendar year; 8 days during an Insured's lifetime. See page 20, item 4(C) and page 47, item 45(E).

Outpatient: Provided at 50%*. Limited to 17 visits per calendar year. See page 20, item 4(J) and page 54, item 52(B).

PRESCRIPTION DRUGS

Network Pharmacist.....\$10 copayment for generic; \$20 copayment for brand name.

Nonnetwork Pharmacist.....\$10 copayment for generic, plus 50% of the balance; \$20 copayment for brand name, plus 50% of the balance.

Smoking cessation

(\$600 calendar year limit).....\$10 copayment for generic, \$20 copayment for brand name.

Growth hormone

(\$25,000 calendar year limit)..... \$10 copayment for generic, \$20 copayment for brand name.

* charges paid according to the Allowable Charge

PREVENTIVE CARE SERVICES

Specifically Listed Services

Provided at 100% up to \$500 per insured, per calendar year.

Specifically listed Services include: Annual adult physical examinations; routine or scheduled well-baby and well-child examinations; Bone Density; Chemistry Panels; Cholesterol Screening; Fecal Occult Blood Test); Complete Blood Count (CBC); Diabetes Screening; Pap Test; PKU; PSA Test; Rubella; Screening EKG; Thyroid Stimulating Hormone (TSH); Transmittable Diseases Screening (Chlamydia, Gonorrhea, HIV, Syphilis, Tuberculosis (TB)); Urinalysis (UA); Mammograms.

Services in excess of \$500 are subject to the deductible and are provided at 80%.

Services Not Specifically Listed

Provided at 80% and are subject to the deductible.

Specifically Listed Immunizations

Provided at 100%.

Specifically listed Immunizations include:

Accellular Pertussis, Diphtheria, Hemophilus Influenza B, Hepatitis B, Influenza, Measles, Mumps, Pneumococcal (pneumonia), Poliomyelitis (polio), Rotavirus, Rubella, Tetanus, Varicella (Chicken Pox)

Not Specifically Listed Immunizations

Provided at 80% and are subject to the deductible.

VISION BENEFITS

Eye Examination: Provided at 100%* up to a maximum of \$40.

Frames and Lenses: Reimbursement for frames is limited to one benefit each calendar year and for lenses is limited to one pair each calendar year.

Frames.....up to \$30.00

Lenses (each):

Single vision..... \$16.00

Bi-focal (includes continuous blend)..... \$26.00

Tri-focal..... \$36.00

Single vision contact lens

(in lieu of glasses)..... \$31.00

Bi-focal vision contact lens

(in lieu of glasses)..... \$41.00

Contact lens (Medically Necessary) \$100.00

Lenticular..... \$80.00

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INTRODUCTION

Blue Cross of Idaho values every opportunity we have to demonstrate we are the premier choice for health insurance in Idaho. Quality services and products enable BCI to deliver the security and confidence in health insurance that you demand.

BCI's employees are committed to our customers. That includes having knowledgeable customer service representatives available who can answer any questions you may have about benefits, providers, charges, or deductibles.

This booklet will describe the benefits provided to you and your enrolled dependents under the group policy provided by your employer. Please take the time to familiarize yourself with waiting periods, exclusions, limitations, and other provisions of your health insurance policy.

BCI urges you to use your health care plan wisely. Monthly premiums are based on actual cost and utilization. Intelligent use of the plan will benefit you and your family.

As we strive for continued excellence, our commitment to providing you with the outstanding customer service you've come to expect from BCI remains our top priority.

BLUE CROSS OF IDAHO DISTRICT OFFICE LOCATIONS

For general information, please contact your local Blue Cross of Idaho office:

Boise Office

Blue Cross of Idaho
Customer Services Department
3000 East Pine Avenue
Meridian, ID 83642

Mailing Address

P.O. Box 7408
Boise, ID 83707
(208) 331-7699 (Boise Area)
1-800-627-1006

Lewiston Office

Blue Cross of Idaho
1010 17th Street
Lewiston, ID 83501

Mailing Address

P.O. Box 1468
Lewiston, ID 83501
(208) 746-0531

Coeur d'Alene Office

Blue Cross of Idaho
2100 Northwest Blvd., Suite 120
Coeur d'Alene, ID 83814
(208) 666-1495

Pocatello Office

Blue Cross of Idaho
275 S. 5th Ave., Suite 150
Pocatello, ID 83201

Mailing Address

P.O. Box 2578
Pocatello, ID 83206
(208) 232-6206

Idaho Falls Office

Blue Cross of Idaho
2116 E. 25th St.
Idaho Falls, ID 83401

Mailing Address

P.O. Box 2287
Idaho Falls, ID 83403
(208) 522-8813

Twin Falls Office

Blue Cross of Idaho
1431 N. Fillmore St., Suite 200
Twin Falls, ID 83301

Mailing Address

P.O. Box 5025
Twin Falls, ID 83303
(208) 733-7258

Web Site Address: www.bcidaho.com

HOW TO SUBMIT CLAIMS

An Insured must submit a claim to Blue Cross of Idaho (BCI) in order to receive benefits for Covered Services. There are two ways for an Insured to submit a claim:

1. The health care Provider (hospital, doctor, or other facility or specialist) can file the claim for the Insured. Most Providers will submit a claim on an Insured's behalf if the Insured shows them a BCI identification card and asks them to send BCI the claim.
2. The Insured can send BCI the claim.

To File An Insured's Own Claims

If a doctor or hospital prefers that an Insured file the claim, here is the procedure to follow:

1. Ask the doctor or hospital for an itemized billing. The itemized billing should show each service received and its procedure code and its diagnosis code, the date it was furnished, and the charge for each service. BCI cannot accept billings that only say "Balance Due," "Payment Received" or some similar statement.
2. Obtain a Member Claim Form from the doctor or any of BCI's offices, and follow the instructions. Use a separate billing and Member Claim Form for each patient involved.
3. Attach the billing to the Member Claim Form and send it to:

Blue Cross of Idaho Claims Control
Blue Cross of Idaho
P.O. Box 7408
Boise, ID 83707

For assistance with claims or health information, please call BCI Customer Service at (208) 331-7347 or 1-800-627-1188.

How Blue Cross Of Idaho Notifies The Insured

BCI will send the Insured an Explanation of Benefits (EOB) as soon the claim is processed. The EOB will show all the payments BCI made and to whom the payments were sent. It will also explain any charges BCI did not pay in full. Insureds should keep this EOB for their records.

HOSPITAL ADMISSION REVIEW

WHAT IS HOSPITAL ADMISSION REVIEW?

Hospital admission review is BCI's program to make certain your benefit plan pays only for Medically Necessary care and helps employers contain health care costs. Hospital admission review is prior authorization for medical necessity of inpatient stays in a hospital, skilled nursing facility, or psychiatric/chemical dependency treatment facility.

If your condition requires additional days for further treatment exceeding the days originally scheduled, BCI will authorize additional days based on information provided by the hospital or your doctor.

HOSPITAL ADMISSION REVIEW OFFERS SEVERAL BENEFITS:

- It insures you know the health care alternatives available to you;
- It assures you in advance that you meet the requirements for benefits; and
- It gives you the opportunity to receive care in the most appropriate setting.

HOW DOES HOSPITAL ADMISSION REVIEW WORK?

When your doctor recommends a stay in a hospital of 24 hours or longer, simply call BCI's toll-free number, 1-800-743-1871. This telephone line is available 24 hours a day, 7 days a week. If an answering system receives your call, you will be asked to leave your name, identification number from your BCI identification card, daytime telephone number, and any other helpful information.

BCI should be notified within two (2) business days of the admission. For scheduled admissions, please call as soon as you know the admission date. For a maternity stay, call when you know your expected delivery date. For emergency admissions, you should notify BCI when you are stabilized and physically able. All admissions should be reviewed by BCI. Review of an admission does not guarantee benefit payments. Benefit payments will be made based upon the Policy provisions and eligibility criteria.

BCI will accept calls from anyone; however, it is ultimately the patient's and/or family's responsibility to initiate prior review. The final medical decision regarding your care is between you and your doctor.

Rising health care costs affect us all. **Remember, it's your health care dollar; please spend it wisely.**

NON-EMERGENCY SERVICES REQUIRING PRIOR AUTHORIZATION

NOTICE: The Medical Necessity of Covered Services listed below should be determined to be eligible for benefits under the terms of this Policy.

- Advanced Imaging Services: (not applicable for inpatient services)
 - Magnetic Resonance Imaging (MRI)
 - Magnetic Resonance Angiography (MRA)
 - Computed Tomography Scans (CT Scan)
 - Positron Emission Tomography (PET)
 - Nuclear Cardiology
- Air Ambulance
- Durable Medical Equipment when the expected change exceeds three hundred dollars (\$300)
- Growth Hormone Therapy
- Home Health Skilled Nursing Services
- Home Infusions Therapy

- Human Organ and Tissue Transplants
- Hospice Services
- Psychiatric/Chemical Dependency Treatment Facilities
- Skilled Nursing Facilities

GENERAL PROVISIONS

1. DEFINITIONS

Allowable Charge means the lesser of the submitted charge, the allowance established by BCI, or if services were rendered outside the state of Idaho, the allowance established by a Blue Cross Blue Shield Association affiliate in the area where the service was rendered, for all such services covered under the terms of this Policy. This allowance is determined based upon many factors, including: the charge(s) of the Provider; the charge(s) of Providers with similar training and experience within a particular geographic area; pre-negotiated payment amounts; diagnostic related groupings (DRG); relative value scales; and/or the cost of providing the service or supply.

Assisted Reproductive Technology (ART) means any combination of chemical and/or mechanical means of obtaining gametes and placing them into a medium (whether internal or external to the human body) to enhance the chance that reproduction will occur. Examples of ART, include but are not limited to donor sperm utilized for artificial insemination or extraordinary procedures to induce fertilization with professional or technical assistance, in vitro fertilization, gamete intrafallopian transfer, zygote intrafallopian transfer, and pronuclear stage tubal transfer.

Chemical Dependency means an illness, other than a Mental or Neuropsychiatric Condition, characterized by physiological or psychological dependency, or both, on any chemical substance. It is further characterized by a frequent or intense pattern of pathological use to the extent the individual exhibits a loss of self-control over the amount and circumstances of use; develops symptoms of tolerance or physiological and/or psychological withdrawal if use of the substance is reduced or discontinued; and the individual's health is substantially impaired or endangered.

Chiropractor means a doctor of chiropractic licensed to practice as such by the state where the service was rendered.

Coinsurance means the sharing of health care expenses for Covered Services between BCI and its enrolled Insureds. The Coinsurance payable by BCI after the Insured's Deductible requirement is satisfied is expressed as a percentage amount in the Schedule of Benefits. The remaining percentage, determined by subtracting the percentage paid by BCI from one hundred percent (100%), is the responsibility of the Insured.

Copayment means that portion of the cost of a Covered Service for which an Insured is financially responsible. Copayment amounts cannot be applied to an Insured's Deductible nor be paid under any benefit provision of this Policy.

Cosmetic means any surgical procedure that primarily improves or changes appearance and does not primarily improve physical bodily function. Cosmetic Surgery does not include procedures done to correct deformities resulting from disease, trauma, previous therapeutic process, or congenital anomalies. For the purposes of this definition, "congenital anomaly" shall mean an abnormality present at birth.

Covered Service means a treatment, commodity, or supply specified in this Policy for which benefits will be provided when rendered by a Physician or Provider.

Custodial Care means care provided primarily for maintenance of the patient, or which is designed essentially to assist the patient in meeting his or her activities of daily living and which is not primarily provided for its therapeutic value in the treatment of an illness, disease, bodily injury, or condition. Custodial Care includes but is not limited to help in walking, bathing, dressing, feeding, preparation of special diets, and supervision over self-administration of medications not requiring constant attention of

trained medical personnel.

Deductible means the amount of charges, up to the Allowable Charge, for Covered Services that must be paid by an Insured to an appropriately licensed health care Provider who is recognized for payment under this Policy before BCI will assume any liability for all or part of the remaining Covered Services.

Dentist means a person who has received a degree in Dentistry and is duly licensed to practice Dentistry by governmental authority having jurisdiction over the licensing and practice of Dentistry where said Dentist practices his or her profession.

Dependent means: (1) The legal spouse of the Enrolled Employee and/or (2) the unmarried child of an Enrolled Employee or Enrolled Employee's spouse, up to his or her twenty-fifth (25th) birthday. The term "children" is limited to natural children, step-children, adopted children, children in the process of adoption from the time placed with the Insured, or children legally dependent upon the Enrolled Employee or Enrolled Employee's spouse for support where a normal parent-child relationship exists with the expectation that the Enrolled Employee will continue to rear that child to adulthood. However, if one or both of that child's natural parents live in the same household with the Enrolled Employee, a parent-child relationship shall not be deemed to exist, even though the Enrolled Employee or the Enrolled Employee's spouse provides support.

Durable Medical Equipment means an item or items which are primarily used to serve a medical purpose, ordered by the attending Physician, can withstand repeated use, are generally not useful to a person in the absence of Illness or Injury, and are appropriate for use by an Insured who is not confined as an Inpatient.

Effective Date means the first day of the Insured's coverage under this Policy, or if the Enrolled Employee must satisfy a probationary period before coverage is effective under this Policy, the Effective Date for the Enrolled Employee and Dependents is the first day of the Enrolled Employee's probationary period. The Effective Date of a Late Enrollee is always the first day of the Insured's coverage under this Policy.

Elective Surgical Procedure means a Surgery that is not emergency Surgery or Surgery which, if not performed expeditiously, might endanger the health or life of an Insured.

Enrolled Employee means an eligible person who applied for coverage, satisfied the Enrollment Qualifications, is accepted and enrolled for coverage, and in whose name the identification card is issued.

Family means two (2) or more persons related by blood, marriage, or law who are enrolled under the same identification number.

Hospital means: (1) a facility duly licensed as such in the state where located which provides service primarily for Inpatient surgical and medical diagnosis, treatment, and care of injured and ill persons by or under the supervision of a staff of licensed Physicians, or (2) a specialized Inpatient facility licensed and approved as such by the state where located for mental or neuropsychiatric treatment. A Hospital under this definition is not, other than incidentally, a place for rest, a nursing home, or a facility for convalescence.

Illness means a bodily disorder or disease other than an Injury. All such bodily disorders existing concurrently, which are due to the same cause or pathologically related causes, shall be considered to be one Illness. Successive Illnesses resulting from the same cause, or from treatment or complications thereof, shall be considered as the same Illness, provided not more than 180 days has elapsed between treatments for such Illness.

Injury means physical Injury caused by an unexpected occurrence, independent of disease or bodily

infirmity, or caused by ingestion of toxic substances. All bodily disorders sustained in the same mishap or accident or from treatment or complications thereof or pathologically related thereto shall be considered as one (1) Injury. Bodily disorders resulting from allergies shall not be considered as Injuries.

Inpatient means an Insured who is admitted to a Hospital for treatment and who is so confined in such Hospital for a period of twenty-four (24) hours or more and/or for whom a room charge is made.

Insured means any person who satisfies the Enrollment Qualifications and is enrolled for coverage under this Policy.

Investigative Treatment means the use of any treatment, procedure, facility, equipment, drug, device, or commodity, regardless of its Medical Necessity, deemed by BCI to be either investigative; experimental; or in the early developmental stage of medical technology. The determination by BCI will be based on objective data and information obtained by BCI and reviewed, by competent medical personnel, according to the following criteria:

- 1) The technology must have final approval from the appropriate government regulatory bodies.
- 2) The scientific data and data obtained through actual medical experience regarding the technology must be sufficiently comprehensive to permit BCI medical personnel to reach well-substantiated conclusions concerning the effect of the technology or health outcomes.
- 3) The technology's overall beneficial effects on health outweigh the overall harmful effects on health.
- 4) The technology must be as beneficial as any established alternative.
- 5) When used under the usual conditions of medical practice, the technology should be reasonably expected to satisfy the criteria of sections (3) and (4).

The determination referred to herein will be within the exclusive discretion of BCI and may or may not be in accord with some medical experts' opinions on the acceptance of the technology as established medical practice.

Involuntary Complications of Pregnancy shall include, but not be limited to: (1) Cesarean section delivery, ectopic pregnancy which is terminated, spontaneous termination of pregnancy which occurs during a period of gestation in which a viable birth is not possible, puerperal infection, eclampsia, and toxemia; and (2) conditions requiring Inpatient confinement (when the pregnancy is not terminated), the diagnoses of which are distinct from pregnancy but are adversely affected by pregnancy or are caused by pregnancy, such as acute nephritis, nephrosis, cardiac decompensation, missed abortion, and similar medical and surgical conditions of comparable severity, but shall not include false labor, occasional spotting, Physician-prescribed bed rest during the period of pregnancy, morning sickness, hyperemesis gravidarum, preeclampsia, and similar conditions associated with the management of a difficult pregnancy not constituting a nosologically distinct complication of pregnancy.

Late Enrollee means an eligible employee or Dependent who requests enrollment in this Policy following the initial enrollment period during which the individual was entitled to enroll under the terms of this Policy, provided that the initial enrollment period is a period of at least thirty (30) days. However, an eligible employee or Dependent shall not be considered a Late Enrollee if:

- 1) The individual meets each of the following:
 - a) The individual was covered under Qualifying Coverage at the time of the initial enrollment period;
 - b) The individual lost coverage under Qualifying Coverage as a result of termination of employment or eligibility, the involuntary termination of the Qualifying Coverage; and
 - c) The individual requests enrollment within thirty (30) days after termination of the Qualifying Coverage.

- 2) The Group offers multiple health benefit plans and the individual elects a different plan during an open enrollment period;
- 3) A court has ordered coverage be provided for a spouse or Dependent child under this Policy and request for enrollment is made within thirty (30) days after issuance of the court order; or
- 4) The individual first becomes eligible.

Medical Emergency means the sudden onset, not sudden discovery, of a medical condition manifesting itself by acute symptoms of sufficient severity that the absence of immediate medical care (within twenty-four [24] hours of onset) would result in permanently placing the Insured's life in jeopardy or serious and permanent impairment or dysfunction of any bodily parts, functions, or organs.

Medically Necessary or Medical Necessity shall mean health care services that a Physician, exercising prudent clinical judgment, would provide to a patient for the purpose of preventing, evaluating, diagnosing or treating an Illness, Injury, disease or its symptoms, and that are (a) in accordance with generally accepted standards of medical practice; (b) clinically appropriate, in terms of type, frequency, extent, site and duration, and considered effective for the patient's Illness, Injury or disease; and (c) not primarily for the convenience of the patient, Physician, or other health care Provider, and not more costly than an alternative service or sequence of services at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of that patient's illness, injury or disease. For these purposes, "generally accepted standards of medical practice" means standards that are based on credible scientific evidence published in peer-reviewed medical literature generally recognized by the relevant medical community, Physician Specialty Society recommendations and the views of Physicians practicing in relevant clinical areas and any other relevant factors.

Medicare means Parts A, B, and D of Title XVIII of the Social Security Act of 1965, including amendments thereto, providing certain Physician, Hospital, and other benefits to qualifying individuals. Reference to such act is hereby made, and said act, including amendments thereto, is by reference made a part hereof as if specifically set forth herein. Part A of such act means Hospital Insurance Benefits, Part B means Supplementary Medical Insurance Benefits, and Part D means Voluntary Prescription Drug Benefit Program as set forth in the act.

Mental or Neuropsychiatric Condition means an Illness, disorder, or condition, regardless of whether organic or nonorganic, biological, nonbiological, genetic, irrespective of cause, basis, or inducement, classified as a mental disorder in the current edition of the International Classification of Disease, Clinical Modification (ICD-CM), or the current edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM). Mental or Neuropsychiatric Condition, includes but is not limited to, psychoses, neurotic disorders, schizophrenic disorders, affective disorders, personality disorders, psychological or behavioral abnormalities associated with transient or permanent dysfunction of the brain or related neurohormonal systems, impulsive control disorders, developmental delays, etc. Mental or Neuropsychiatric Condition does not include Chemical Dependency.

Network Pharmacist means a pharmacist or pharmacy who/which has contracted with BCI's prescription drug benefit program administrator to provide prescription drugs and medicines to Insureds and to accept the Insured's Deductible, Coinsurance, and/or Copayment plus the BCI prescription drug program administrator's benefit payment as payment in full for his or her charge.

Newborn Children means a child or children born during the term of this Policy to a parent who is an Enrolled Employee or spouse of an Enrolled Employee. Newborn Children shall also include adopted newborn infants who are placed with the Enrolled Employee within sixty (60) days of the adopted child's date of birth. For the purposes of this Policy, "placed" shall mean physical placement in the care of the adoptive Enrolled Employee. In those circumstances in which such physical placement is prevented due to the medical needs of the child requiring placement in a medical facility, it shall mean when the adoptive

Enrolled Employee signs an agreement for adoption of such child and signs an agreement assuming financial responsibility for such child. A child will no longer be a Newborn Child if he or she has a break in coverage of sixty-three (63) or more days.

Newly Adopted Children means a child or children under the age of eighteen (18) who is placed for adoption with an Enrolled Employee more than sixty (60) days after the child's date of birth. A child will no longer be a Newly Adopted Child if he or she has a break in coverage of sixty-three (63) or more days after placement for adoption with the Enrolled Employee. For the purposes of this Policy, "placed" shall mean physical placement in the care of the adoptive Enrolled Employee. In those circumstances in which such physical placement is prevented due to the medical needs of the child requiring placement in a medical facility, it shall mean when the adoptive Enrolled Employee signs an agreement for adoption of such child and signs an agreement assuming financial responsibility for such child.

Nonnetwork Pharmacist means a pharmacist or pharmacy who/which has not contracted with BCI's prescription drug benefit program administrator to provide prescription drugs and medicines to Insureds.

Nonparticipating Hospital means: (1) a Hospital, as herein defined, which has not contracted with BCI, or (2) a Hospital located outside the state of Idaho which is not participating with a local Blue Cross and/or Blue Shield plan in the state where the Hospital is located. No benefit payment shall be made directly to a Nonparticipating Hospital. Any balances remaining after an Insured's Copayment and/or Coinsurance amounts and BCI's payment shall be the financial responsibility of the Insured.

Nonparticipating Physician/Provider means: (1) a Physician/Provider as herein defined located in the state of Idaho who is not participating with BCI, or (2) a Physician/Provider located outside the state of Idaho who is not participating with a local Blue Cross and/or Blue Shield plan in the state where the Physician/Provider practices or is located. Any balances remaining after an Insured's Copayment and/or Coinsurance amounts and BCI's payment shall be the financial responsibility of the Insured.

Outpatient means services rendered in the Provider's office or at the Hospital or other facility when the Insured is not admitted to the Hospital or facility for a period of more than twenty-four (24) hours.

Participating Hospital means: (1) a Hospital as herein defined that has contracted with BCI, or (2) a Hospital located outside the state of Idaho which has contracted with a local Blue Cross and/or Blue Shield plan in the state where the Hospital is located. A Participating Hospital has agreed to provide Covered Services as set forth in this Policy to Insureds and to accept the Insured's Deductible, Coinsurance, and/or Copayment plus BCI's benefit payment as payment in full.

Participating Physician/Provider means: (1) a Physician/Provider as herein defined who has contracted with BCI, or (2) a Physician/Provider located outside the state of Idaho who has contracted with a local Blue Cross and/or Blue Shield plan in the state where the Physician/Provider practices or is located. A Participating Physician/Provider has contracted with the local Blue Cross and/or Blue Shield plan to provide Covered Services to Insureds and to accept the Insured's Deductible, Coinsurance, and/or Copayment plus BCI's benefit payment as payment in full.

Physical Therapy means the treatment of disability or dysfunction by physical agents and methods (i.e., therapeutic exercise, hydrotherapy, various forms of energy) to assist in rehabilitation and restoration of normal body function after disease or Injury.

Physician means a doctor of medicine and Surgery and/or osteopathy duly licensed to practice as such in the state where he or she practices.

Policy means the written agreement between BCI and the Policyholder identifying the terms and conditions of such agreement, including general provisions, exclusions, limitations, schedule of benefits, any

endorsements thereto, and application form(s). No oral statements or representations by any person, including employers, agents, or representatives of BCI, can change, alter, delete, add, or otherwise modify the express written terms of this Policy or a validly executed endorsement to this Policy.

Policyholder means the employer, corporation, partnership, sole proprietor, association, trust, or other legal entity which has entered into this written agreement with BCI to provide health care benefits to its Enrolled Employees and their respective eligible Dependents.

Preexisting Condition means a physical or mental condition, regardless of the cause of the condition, for which medical advice, diagnosis, care, or treatment was recommended or received within a six (6) month period immediately preceding the Effective Date of coverage. Genetic information shall not be considered a Preexisting Condition in the absence of a diagnosis of the condition related to such information. A pregnancy existing on the Effective Date of coverage will not be considered a Preexisting Condition.

Provider means a person or entity recognized as a covered Provider by BCI and duly licensed or certified under applicable state law to provide Covered Services as set forth in this Policy.

Qualifying Coverage means coverage provided under: (1) Medicare or Medicaid, TriCare/CHAMPUS, the Indian health service program, the State Children's Health Insurance Program, a state health benefit risk pool, or any other similar publicly sponsored program; (2) A public plan established or maintained by a state, the U.S. government, a foreign country, or any political subdivision of any of them; or (3) Any other group or individual health insurance contract or health benefit arrangement whether or not subject to the state insurance laws, including coverage provided by a health maintenance organization, hospital or professional service corporation, or a fraternal benefit society.

Rehabilitation/Occupational Therapy means the treatment of disabled persons due to Injury, disease, or developmental delay by means of training in self-care; upper extremity/hand rehabilitation (i.e., strengthening, coordination, range-of-motion, splinting, fluideo-therapy), cognitive/perceptual training, and developmental training to promote the restoration of a person's ability to satisfactorily accomplish the necessary tasks of daily living and those required by the person's particular occupational role.

Respiratory Therapy means introduction of dry or moist gasses into the lungs for treatment purposes.

Service Extender means a person who provides services to treat Mental or Neuropsychiatric Conditions under the supervision of a licensed psychologist in conformance with the guidelines for use of Service Extenders contained in the rules and regulations of the Idaho State Board of Psychologist Examiners and who is: (1) a licensed professional counselor with a current license issued by the Idaho State Counselor Licensing Board pursuant to Section 54-3405 of the Idaho Code, or (2) a Certified Social Worker licensed by the Idaho State Board of Social Work Examiners pursuant to Section 54-3206 of the Idaho Code.

Sound Natural Tooth means a healthy tooth or one that has been restored to a sound condition or replaced by a fixed or removable partial denture or bridge.

Speech Therapy means treatment for the correction of a speech impairment resulting from disease; Surgery; Injury; congenital, psychological, and developmental anomalies; or previous therapeutic processes.

Surgery means operative procedures involving cutting, suturing, or incision through the true skin; care of fractures and dislocations; visualization of the hollow organs of the body when accomplished or accompanied by cutting incision or for removal of a foreign body; scoping procedures (entry by endoscope into the hollow organs of body cavities) for excision; treatment of burns; manipulations under general anesthesia; aspirations for drainage; destruction of tissue by electrical, mechanical, or chemical methods; and x-ray and radium therapy, including use of isotopes, when used in lieu of cutting procedures.

Terminal Illness means an Illness or condition in which it is medically probable that the patient has less than six (6) months to live, provided such Illness or condition continues its normal course. The patient's condition must be certified as terminally ill by his or her attending Physician.

Totally Disabled means a condition resulting from Illness or Injury in which, as certified by a Physician:

- 1) An Enrolled Employee or spouse is completely unable to perform the substantial duties of any occupation or business for which qualified by reason of education, training, or experience and is not in fact engaged in any occupation for wage or profit; or
- 2) A retiree or Dependent is completely unable to engage in normal duties or activities of a person in good health who is the same gender and age.

2. WAITING PERIODS

Benefits set forth in this Policy shall be provided for the conditions set forth below only after completion of minimum continuous periods of coverage under this Policy immediately preceding treatment as follows:

- A. Benefits for Preexisting Conditions will only be provided for services received at least twelve (12) months after the Insured's Effective Date under this Policy. This waiting period shall not apply to Newborn Children, who shall be covered from the moment of birth. This waiting period also shall not apply to Newly Adopted Children, who shall be covered from the date of placement with the Enrolled Employee for adoption. A pregnancy existing on the Effective Date of coverage will not be considered a Preexisting Condition.
- B. BCI shall waive any time period applicable to a Preexisting Condition exclusion or limitation period for the period of time an individual was previously covered by Qualifying Coverage, provided that the Qualifying Coverage was continuous to a date not more than sixty-three (63) days prior to the Effective Date of coverage under this Policy.
- C. Benefits for Preexisting Conditions shall be denied until a Late Enrollee has been enrolled for coverage on this Policy for a continuous twelve (12) month period.
- D. Benefits for sterilization will only be provided after six (6) months of continuous coverage under this Policy. This waiting period shall apply to adopted children placed with the Enrolled Employee more than six (6) months after the date of birth but shall not apply to Newborn Children who shall be covered from the moment of birth.
- E. All new Insureds will be treated as any other new Insured with all waiting periods applicable.

3. EXCLUSIONS

Benefits will not be provided in any of the following circumstances or for any of the following conditions under the terms of this Policy:

- A. To the extent benefits are provided or covered by any governmental agency, except as otherwise provided by law.
- B. Expenses for services incurred as a result of any work related Injury or Illness, including any claims that are resolved pursuant to a disputed claim. The only exception would be if the Insured is exempt from state or federal Workers' Compensation Law. See the Right of Reimbursement and Subrogation section of these General Provisions.
- C. Any Injury or Illness resulting from any act of war or from explosion of atomic or similar fissionable materials in war (declared or undeclared) or any Illness or Injury contracted or incurred during military service, including any complications or recurrences thereof, or national disaster.

- D.** Physical examinations unless made in connection with covered Injury or Illness, unless specifically listed in this Policy.
- E.** Any situation in which no specific medical treatment plan or psychiatric plan is furnished, including but not limited to rest cure, detoxification setup, Custodial Care, etc.
- F.** Hospital benefits when hospitalization is primarily for diagnostic studies or Physical Therapy when such procedures could have been done adequately and safely on an Outpatient basis.
- G.** Hospital benefits when the patient leaves the Hospital against medical advice.
- H.** Pregnancy tests unless provided by a Physician, Physician Assistant or Nurse Practitioner and administered in the Physician's office or in the Hospital
- I.** Immunizations, unless specifically listed in this Policy.
- J.** Routine well baby care furnished by a Physician or Provider to an Insured who is not a patient at a Hospital or Outpatient Surgical Facility, unless specifically listed in this Policy.
- K.** Maternity benefits (including Involuntary Complications of Pregnancy) for Dependent children.
- L.** Laetrile (amygdalin); acupuncture; Chelation therapy (except for lead poisoning); homeopathic services; naturopathic services; thermography.
- M.** Eye glasses, visual therapy or training, except as may be provided under Vision Benefits.
- N.** Radial keratotomy (refractive keratoplasty or other surgical procedures to correct refractive errors/ stigmatism), unless specifically listed in this Policy.
- O.** Hearing aids.
- P.** Humidifiers; vaporizers; air conditioners; or any other air filtration or purification unit or system.
- Q.** Physical fitness or Physical Therapy equipment, including but not limited to whirlpools, spas, hot tubs; weight lifting equipment; charges in or by health spas; weight reduction programs.
- R.** Heating pads, contour chairs, and therapeutic beds (not including certified, standard model Hospital beds which will be paid under the Other Services section of this Policy).
- S.** Investigative Treatment as determined by BCI pursuant to the Definitions section of these General Provisions.
- T.** Cosmetic or reconstructive procedures and attendant hospitalization, except for Newborn Children or due to trauma or disease, done for aesthetic purposes and not to restore an impaired function of the body. Cosmetic procedures will not be covered regardless of the fact that the lack of correction causes emotional or psychological effects. Complications or subsequent Surgery related in any way to any previous Cosmetic procedure shall not be covered, even if the procedure is a Necessary Medical, Surgical, and Hospital service.
- U.** Routine foot care (including removal of corns or calluses or trimming of nails), foot impression casting, including x-rays incidental to casting, orthopedic shoes, arch supports, and other supportive devices for the feet, unless specifically listed in this Policy.
- V.** Benefits which are payable under any automobile medical, personal injury protection ("PIP"), automobile no-fault, underinsured or uninsured, homeowner, commercial premises coverage, or similar contract or insurance, when such contract or insurance is issued to or makes benefits available to the

Insured, whether or not application is duly made therefore.

- W.** Procedures related to sex transformations or reversal of sterilization; fertility drugs (Pergonal, etc.); genetic workup and counseling.
- X.** Charges for services related to surrogate pregnancy.
- Y.** Any Assisted Reproductive Technology (ART) procedure including associated services and supplies.
- Z.** Vasectomies (male sterilization) will be covered for Physician services only.
- AA.** Rehabilitation therapy, except as provided under rehabilitation benefits.
- AB.** Medical or surgical treatment for obesity and manifestations thereof, or for reversal or revisions of Surgery for obesity.
- AC.** Benefits in connection with transplants, except as specifically provided in the Schedule of Benefits for Preauthorized Human Organ and Tissue Transplants and Bone Marrow Reinfusion Benefits.
- AD.** Benefits in connection with harvesting and reinfusion of bone marrow for the treatment of any illness, except as set forth in the Schedule of Benefits for Preauthorized Human Organ and Tissue Transplants and Bone Marrow Reinfusion Benefits.
- AE.** Any services, chemotherapy, radiation therapy supplies, drugs and aftercare for or related to bone marrow transplant, stem cell support or peripheral stem cell support procedures for a condition not specifically provided in the Schedule of Benefits for Preauthorized Human Organ and Tissue Transplants and Bone Marrow Reinfusion Benefits.
- AF.** Services connected with nonemergency, nonmaternity hospital admissions on Fridays or Saturdays, unless Surgery is performed the day of admission or the day following admission.
- AG.** Elective abortions, except to preserve the life of the female Enrolled Employee or spouse upon whom the abortion is performed.
- AH.** Treatment to correct malocclusion (bad closure of the jaw); to correct vertical dimension (the distance between two [2] points on the face, one [1] above and one [1] below the mouth); to restore occlusion (including splinting, orthodontic treatment, or dental appliances); and for dentistry, oral Surgery, or dental implants whether resulting from accident, disease, or dental treatment. Dental implants, including related procedures and oral surgery in preparation for dental implants, may be payable for correction of a congenital anomaly or developmental malformation for Dependent children.
- AI.** Treatment of temporomandibular joint (TMJ) disorders and/or orthognathic conditions.
- AJ.** Benefits for counseling in the absence of illness or Injury, including but not limited to pre-marital or marital counseling; family counseling; educational, social, behavioral, or recreational therapy; bereavement counseling; sex or interpersonal relationship counseling; or counseling with the Insured's friends, employer, school counselor, or school teacher.
- AK.** Charges for services and supplies: (1) for which an Insured is not required to make payment, (2) that are made only because benefits are available under this Policy, or (3) for which an Insured would have no legal obligation to pay in the absence of this or any similar coverage.
- AL.** Charges for telephone or internet consultations; missed appointments; claim form completion; interest charges; legal services; obtaining medical records; setup and delivery of Durable Medical Equipment; or Provider travel and/or lodging expenses.

- AM.** Convenience items such as telephones; television; guest trays or meals; personal hygiene items or services; or homemaker or housekeeping services, except by home health aides as ordered in a hospice treatment plan.
- AN.** Drugs and supplies not requiring a prescription order, including but not limited to aspirin, antacid, benzyl peroxide preparations, cosmetics, medicated soaps, food supplements, syringes, and bandages; Antabuse, Methadone, Minoxidil, or Rogaine hair preparations; experimental drugs, including those labeled "Caution-Limited by Federal Law to Investigational Use"; and prescription medications related to health care services which are not covered under this Policy.
- AO.** Diet and weight monitoring and educational services.
- AP.** Special foods or diets, vitamins, minerals, dietary and nutritional supplements, and nutritional therapy.
- AQ.** Services, supplies, or charges which result from the treatment of any direct or indirect complication of any illness or condition for which coverage is not or was not provided.

4. LIMITATIONS

- A.** Claims submitted to BCI more than twelve (12) months after the last day on which Covered Services were rendered shall be ineligible for payment, unless it can be shown to the satisfaction of BCI that there was unusual and justifiable cause for such late submission.
- B.** Total Inpatient benefits paid for acute treatment of Mental or Neuropsychiatric Conditions or Chemical Dependency, shall be limited to a maximum of eight (8) days per calendar year paid under the Basic Medical, Surgical, and Hospital Benefits.
- C.** Total Inpatient benefits paid under Major Medical for rehabilitation treatment of Mental or Neuropsychiatric Conditions or Chemical Dependency, shall be limited to a maximum of four (4) days per Insured each calendar year and a maximum of eight (8) days during an Insured's lifetime. These benefits shall be paid as outlined as Covered Expenses of the Major Medical Benefits portion of the Schedule of Benefits.
- D.** Total benefits paid for covered Preauthorized Human Organ and Tissue Transplant and Bone Marrow Reinfusion Benefits shall be limited to a maximum of \$250,000 during an Insured's lifetime.
- E.** Total benefits paid for Inpatient rehabilitation services shall be limited to a maximum of \$25,000 per Insured each calendar year.
- F.** Total benefits paid for home health care visits shall be limited to a maximum of \$5,000 per Insured each calendar year.
- G.** Total benefits paid for hospice care services shall be limited to \$5,000 and a maximum of six (6) months from the initial date covered hospice care is provided.
- H.** Total benefits paid for smoking cessation shall be limited to a maximum of \$600 during a calendar year.
- I.** Total Major Medical Benefits paid under this Policy shall not exceed \$250,000 during an Insured's lifetime for all illnesses and injuries, with automatic reinstatement up to \$1,000 each calendar year.
- J.** Total Major Medical Benefits paid for Outpatient Mental or Neuropsychiatric Conditions and Chemical Dependency, shall be limited to seventeen (17) visits per Insured each calendar year.

- K. Total Major Medical Benefits paid for private duty nursing services shall be limited to a maximum of \$5,000 per Insured each calendar year.
- L. Total Major Medical Benefits paid for services of a Chiropractor shall be limited to the Allowable Charge and a maximum of \$800 per Insured each calendar year.
- M. Total Major Medical Benefits paid for human growth hormone therapy shall be limited to a maximum of \$25,000 per Insured each calendar year.

5. INDIVIDUAL CASE MANAGEMENT

BCI may authorize benefits in an individual case for specific services which would not ordinarily be Covered Services if it appears to BCI that use of such services will reduce costs without compromising the quality of care. BCI shall advise the Insured and the Providers in writing when, and to what extent, such benefits will be provided. Providing such benefits shall not constitute an amendment to this Policy.

6. ENROLLMENT QUALIFICATIONS

In order for an applicant or Insured to become entitled to or continue the benefits of this Policy, the following qualifications must be met:

- A. An Enrolled Employee hereunder is any elected or appointed official, employee, or Insured of a Group as to whom the following qualification exists.
 - 1) The employee must be employed on a regular basis at least twenty (20) hours per week and be eligible for Federal and FICA withholding.
Employees hired on or after the effective date of this Policy who meet qualification (1) above will be eligible for coverage the first day of permanent, full-time employment.
- B. Employees are eligible for enrollment in the Group up to their seventieth (70th) birthday, but once enrolled, may continue past age seventy (70). An unmarried Dependent child may continue to receive the benefits afforded Dependents hereunder to the end of the month in which the child reaches age twenty-five (25).
- C. Employees and Dependents have thirty (30) days from the date they first became eligible to submit an application for coverage. An employee or Dependent whose application is not received with the Group's initial enrollment or within thirty (30) days from the date he or she first became eligible to submit an application may be a Late Enrollee. Applications and commitments made thereunder by the applicant on behalf of the applicant and Dependents shall be fully effective to and binding upon such applicant and upon such Dependents.
- D. In the absence of fraud, all statements made by applicants, Policyholders, or by an Insured shall be deemed representations and not warranties. No statement made for the purpose of effecting insurance shall void such insurance or reduce benefits unless such statement is contained in a written instrument signed by the Policyholder or the Insured.
- E. Enrollment shall be effective the first day of permanent full-time employment. Enrollment for Dependents shall be effective the first day of permanent full-time employment for the Enrolled Employee. Newborn Children's enrollment shall be effective from moment of birth for sixty (60) days, but shall continue thereafter only if a completed enrollment form is received within sixty (60) days following date of birth. Enrollment for Newly Adopted Children shall be effective from the date of placement with the Enrolled Employee and for sixty (60) days, but shall continue thereafter only if a completed enrollment form is received within sixty (60) days

following date of placement with the Enrolled Employee. Coverage provided in accordance with this section of these Enrollment Qualifications shall include, but not be limited to coverage for congenital anomalies for an individual who has not attained age eighteen (18) as of the date of the adoption or placement for adoption. If the date of birth for the Newborn Child or date of placement for the Newly Adopted Child is on or before the fifteenth (15th) of the month, the premium will be billed for the entire month. If date of birth or date of placement is after the fifteenth (15th), the premium will commence with the first day of the month following birth or placement.

- F. Prior to legal finalization of an adoption, the coverage provided herein shall continue until the first of the following events occurs: (1) the date the child is removed permanently from placement, or (2) the date the Enrolled Employee rescinds, in writing, the agreement of adoption and the agreement assuming financial responsibility. If one of the foregoing events occurs, coverage shall terminate on the last day of the calendar month in which such event occurs.
- G. A new spouse shall have sixty (60) days from the date of marriage to become enrolled under this Policy. Enrollment shall be effective not later than the first day of the month following the qualifying event.
- H. BCI must receive and accept payment in advance of the full proper charge, as provided in the premium endorsement hereafter set forth, for the calendar month during which such services are to commence.
- I. Coverage for any Enrolled Employee will terminate on the last date of full-time employment.
- J. Coverage for any Insured will terminate on the date the Insured ceases to be eligible for coverage.
- K. An Enrolled Employee who has been covered under this Policy for at least nine (9) months and who goes on an approved leave of absence shall be able to maintain coverage under this Policy for up to twelve (12) months, or as may be approved in writing by the Mayor and City Council, upon payment of appropriate premium.
- L. Any unmarried enrolled child, who is or becomes incapable of self-sustaining employment by reason of developmental disability or physical handicap prior to reaching his or her twenty-fifth (25th) birthday and who is chiefly dependent upon the Enrolled Employee for support and maintenance, shall not be terminated as long as this Policy remains in force and the Dependent remains in such condition, provided the Enrolled Employee maintains coverage under this Policy and the Enrolled Employee has, within thirty- one (31) days of such Dependent's reaching age twenty-five (25), submitted proof of such Dependent's incapacity as herein described. BCI may require subsequent proof of the Dependent's disability and dependency, but not more frequently than once each year.

7. GROUP QUALIFICATION

This Policy is contingent upon seventy-five percent (75%) of all eligible employees enrolling hereunder, or that percentage of employees required to participate under the relevant collective bargaining agreement as such agreement exists on the date of this Policy. Failure to maintain the required percent of eligible employees shall, at BCI's option, be cause for cancellation of the entire Policy.

The employer shall certify that those Enrolled Employees showing on the eligibility list are eligible for coverage under the terms of the Policy. Failure to certify such Enrolled Employees as being eligible or deliberately certifying ineligible persons as being eligible shall, at BCI's option, be cause for cancellation of

this Policy.

8. PREMIUM PAYMENTS

- A. The Group agrees to pay BCI in advance for each and every month hereafter while this Policy is in effect a sum in accordance with the rates established for each enrolled Insured. If the Effective Date of coverage for the Insured is on or before the fifteenth (15th) of the month, premium will be billed for the entire month. If the Effective Date of coverage is after the fifteenth (15th), premium will commence with the first day of the month following the Insured's Effective Date of coverage. In the event of termination of coverage, if termination of coverage is on or before the fifteenth (15th) of the month, premium will not be billed for the month. If termination of coverage is after the fifteenth (15th) of the month, premium will be billed for the entire month.
- B. The Enrolled Employee shall authorize the Group to: (1) withhold, deduct, or collect from the Enrolled Employee the monthly payment contracted to be made and (2) remit such monthly payments to BCI in accordance with the application form submitted by each employee, such application and its contents thereof is hereby made a part of this Policy.
- C. Receipt by BCI for any sum on account of any individual not entitled to be an Insured during the period for which such premium has been paid shall not constitute an acceptance thereof by BCI.
- D. Benefits set forth in this Policy are contingent upon receipt of premium as provided herein. No benefits shall be provided for cases under treatment or otherwise beyond the last day for which premium is received by BCI, except as provided in Extended Benefits Upon Termination of this Policy.
- E. If for any reason the Group cancels coverage under this Policy, BCI shall be notified on a timely basis by the Group. Provided that no benefits were paid during the interim, BCI will refund to the Group any unused premium received on the Insured's behalf for the period of ineligibility.

9. COORDINATION OF BENEFITS, OTHER INSURANCE

If an Insured is covered under any other Plan (as defined below), the benefits under this Policy and those of the other Plan will be coordinated in accordance with the provisions of this section of these General Provisions.

In addition to the definitions section of the Policy, the following are definitions specific to this Coordination of Benefits, Other Insurance provision:

- A. **Allowable Expense** means any health care expense, including Coinsurance or Copayments and without reduction for any applicable Deductible, that is covered in full or in part by any Plan. An expense or portion of an expense that is not covered by any Plan covering the Insured is not an Allowable Expense. In no event shall benefits payable by BCI and another Plan exceed the allowable charges for such benefits.
- B. **Birthday** means only the month and day in a Calendar Year and does not include the year in which the Insured is born.
- C. **Closed Panel Plan** means a Plan that provides health benefits to Insureds primarily in the form of services through a panel of providers that have contract with or are employed by the Plan and that excludes benefits for services provided by other providers, except in the cases of emergency or referral by a panel member. If the Primary Plan is a Closed Panel Plan and the Secondary Plan is not a Closed Panel Plan, the Secondary Plan shall provide benefits as if it

were the Primary Plan when an Insured uses a non-panel provider, except for emergency services or authorized referrals that are provided by the Primary Plan.

D. Plan means this coverage and any other similar plan, contract, or policy which provides benefits for an Illness or Injury by or through any of the following:

- 1) Group and non-group insurance contracts and subscriber contracts;
- 2) Uninsured group or group-type coverage arrangements;
- 3) Group and non-group coverage through Closed Panel Plans;
- 4) Group-type contracts;
- 5) Medical care components of long-term care contracts, such as skilled nursing care;
- 6) Medicare or other governmental benefits, except as provided below;

Plan **shall not** include any of the following:

- 1) Hospital indemnity coverage or other fixed indemnity coverage;
- 2) School accident-type coverage such as contracts that cover students for accidents only, including athletic injuries, either on a twenty-four (24) hour basis or on a "to and from school" basis;
- 3) Specified disease or specified accident coverage;
- 4) Accident only coverage;
- 5) Benefits provided in long-term care insurance policies for non-medical services; for example, personal care, adult daycare, homemaker services, assistance with activities of daily living, respite care, and Custodial Care or for contracts that pay a fixed daily benefit without regard to expenses incurred or the receipt of services;
- 6) Limited benefit health coverage;
- 7) Medicare supplement policies;
- 8) Medicaid;
- 9) A governmental plan which, by law, provides benefits that are in excess of those of any private insurance plan or non-governmental plan.
- 10) Medical benefits coverage in automobile "no fault" and traditional automobile "fault" type contracts.

E. Primary Plan means a Plan whose benefits for an Insured's health care coverage must be determined without taking the existence of any other Plan into consideration. A Plan is primary if:

- 1) the Plan either has no order of benefit payment determination, or its provision differs from the one detailed here (see below); or 2) all Plans that cover the Insured use the same order of benefit payment determination, and under this provision, the Plan determines its benefits first.

F. Secondary Plan means a Plan that is not a Primary Plan. In the event an Insured is covered under more than one Secondary Plan, the order of benefit determination provision (see below) decides the order in which the Secondary Plans' benefits are determined in relation to each other.

Order of benefit determination: If another Plan contains a provision coordinating its benefits with the benefits of this Policy, the following rules shall apply to establish the order of benefit payment under this Policy and the other Plan:

- A.** The benefits of a Plan that covers the Insured other than as a Dependent shall be primary to the benefits of a Plan that covers that Insured as a Dependent (except where this order of benefits would cause a violation of federal law concerning coordination of benefits with Medicare).
- B.** Where a Dependent child is covered by more than one Plan, the following rules shall apply:
- 1) For a Dependent child whose parents are married or living together, whether or not they have ever been married, the benefits of the Plan of the parent whose Birthday falls earlier in a year are determined before those of the parent whose Birthday falls later in that year. If both parents have the same Birthday, the benefits of the Plan that has covered the parent for the longer period of time shall be the Primary Plan.
 - 2) For a Dependent child whose parents are divorced or separated or are not living together, whether or not they have ever been married:
 - a) If a court decree specifies that one of the parents is responsible for the child's health care expenses (or coverage) and the Plan of that parent has actual knowledge of those terms, that parent's Plan is the Primary Plan. If the parent with responsibility has no health care coverage for the child, but that parent's spouse does, that parent's spouse's Plan shall be the Primary Plan (if that Plan has actual knowledge of the terms of the court decree).
 - b) If a court decree states that both parents are responsible for the child's health care expenses (or coverage), the benefits of the Plan of the parent whose Birthday falls earlier in a year are determined before those of the parent whose Birthday falls later in that year. If both parents have the same Birthday, the benefits of the Plan which has covered the parent for the longer period of time shall be the Primary Plan.
 - c) If a court decree states that the parents have joint custody without specifying that a particular parent has responsibility for the health care expenses (or coverage) of the child, the benefits of the Plan of the parent whose Birthday falls earlier in a year are determined before those of the parent whose Birthday falls later in that year. If both parents have the same Birthday, the benefits of the Plan which has covered the parent for the longer period of time shall be the Primary Plan.
 - d) If there is no court decree allocating responsibility for the child's health care expenses (or coverage), the order of benefit determination among the Plans for the child is:
 - (1) The Plan covering the custodial parent;
 - (2) The Plan covering custodial parent's spouse;
 - (3) The Plan covering the noncustodial parent; and then
 - (4) The Plan covering the noncustodial parent's spouse.
 - 3) For a Dependent child covered under more than one Plan of individuals who are not the parents of the child, the order of benefits shall be determined as per B. 1) or B. 2) above as if those individuals were parents of the child.
- C. Active employee or retired laid-off employee:** The Plan that covers the individual as an active employee; that is, an employee who is neither laid off nor retired (or as that active

employee's Dependent) is the Primary Plan. The Plan covering that same person as a retired or laid-off employee (or as that retired or laid-off employee's Dependent) is the Secondary Plan. If the other Plan does not have this rule and if, as a result, the Plans do not agree on the order of benefits, this rule will not apply.

- D. Continuation coverage:** The Plan which covers the individual as an employee or retired employee, or as that employee's Dependent, will be the Primary Plan over the Plan that is providing continuation coverage under federal or state law, which shall be the Secondary Plan. If the other Plan does not have this rule and if, as a result, the Plans do not agree on the order of benefits, this rule will not apply.
- E. Longer/shorter length of coverage:** If none of the above rules determines the order of benefits, the Plan that covered the Insured for a longer period of time is the Primary Plan and the Plan covering the Insured for the shorter period of time is the Secondary Plan.
- 1) To determine the length of time a person has been covered under a Plan, two (2) Plans shall be treated as one (1) if the person was eligible under the second within twenty-four (24) hours after the first ended.
 - 2) The start of a new Plan does not include:
 - a) A change in the amount of scope of a Plan's benefits;
 - b) A change in the entity that pays, provides, or administers the Plan's benefits;
 - c) A change from one type of Plan to another (such as from a single employer plan to that of a multiple employer plan).
 - 3) The person's length of time covered under a Plan is measured from the person's first date of coverage under that Plan. If that date is not readily available for a group Plan, the date the person first became a member of the group shall be used as the date from which to determine the length of time the person's coverage under the present Plan has been in force.
- F.** If the above rules do not establish an order of benefit priority, the Allowable Expenses of each Plan shall be shared equally.

If BCI shall have made payment under this Policy in excess of the amount required by this provision, then upon such excess being established, BCI shall be entitled to recover from the patient, the patient's assignee or beneficiary, or from the other Plan on request.

10. MEDICARE

In certain situations, this Policy is primary to Medicare. This means that when an Insured is enrolled in Medicare and this Policy at the same time, BCI will pay benefits for Covered Services first and Medicare pays second. Those situations are:

- A.** When the Enrolled Employee or spouse is age sixty-five (65) or over and by law Medicare is secondary to the employer group health plan;
- B.** When the Insured incurs Covered Services for kidney transplant or kidney dialysis and by law Medicare is secondary to this Policy; and
- C.** When the Insured is entitled to benefits under Medicare disability and by law Medicare is secondary to this Policy.

11. COMPLIANCE WITH LAW AND COURT ORDERS

BCI administers all health insurance policies in compliance with applicable Idaho and federal law. In the event a court of competent jurisdiction enters a Qualified Medical Child Support Order (QMCSO) or other order regarding enrollment of or payment of medical expenses for a Dependent child or alternate recipient, a copy of such order must be provided to BCI. BCI shall comply with any such order to the extent possible.

12. MODIFICATION REQUIRED BY CHANGE IN LAW

In the event of a change in federal or state law, BCI will administer this Policy according to the change in law at the time such law becomes effective. Unless a prior notice is otherwise required by such change in federal or state law, BCI may choose to incorporate the change in law by amendment to this Policy or reissue a policy to the Group as modified by such change, upon the Group's renewal date. Should such change in law mandate that BCI modify benefits under the policy, BCI may reasonably adjust the premium to cover the increased cost of the benefit modifications.

13. RIGHTS OF REIMBURSEMENT AND SUBROGATION

This Policy excludes any medical, prescription drug, or time loss benefits for any Injury or Illness, if the costs associated with the Injury or Illness may be recoverable from a third party or through worker's compensation or from any other source. This includes first party payer payments for any automobile Personal Injury Protection or Medical Payments and Uninsured or Underinsured Motorist coverages. BCI may choose, at its discretion, reimbursement or subrogation as a means of recovery.

If the Insured has a potential right of recovery for an Illness or Injury for which a third party may have legal responsibility, BCI may advance benefits pending the resolution of the claim upon the following condition:

By accepting or claiming benefits, the Insured agrees that BCI is entitled to reimbursement of the full amount of benefits that BCI has paid, out of any settlement or recovery from any source, including any judgment, settlement, disputed claim settlement, uninsured motorist payment, or any other recovery related to the Injury or Illness for which BCI has provided benefits.

This right applies without regard to the characterization as payment for medical expenses, or other designation of the recovery by the affected Insured and/or any third party or the recovery source. Regence BCI's right to reimbursement, however, will not exceed the amount of recovery.

BCI may require the Insured to sign and deliver all legal papers and take any other actions BCI may ask to secure the rights of BCI, including an assignment of rights to pursue the Insured's claim if the Insured fails to pursue his or her claim. If BCI asks the Insured to sign a trust agreement or other document to reimburse BCI from the proceeds of any recovery, the Insured may be required to do so as a condition to advancement of any benefits. If benefits were paid before the agreement is signed, the Insured agrees to reimburse BCI upon receipt of recovery in any form from or on behalf of a third party.

The Insured agrees that he or she will do nothing to prejudice BCI rights and will cooperate fully with BCI, including signing any documents and providing prompt notice of any settlement. The Insured shall notify BCI of any facts which may impact BCI's right to reimbursement or subrogation. This shall include but not necessarily be limited to the following:

- 1) The filing of a lawsuit, or;
- 2) Timely advance notification of settlement negotiations, including but not necessarily limited to a minimum of twenty one (21) days advance notice of the date, time, location, and participants to be involved in any settlement conference or mediations, or;
- 3) A minimum of five (5) business days prior notification of the intent of a third party to make payment

of any kind to the benefit of or on behalf of an Insured which is in any manner related to the Injury or Illness which gives rise to Regence BSI's right to reimbursement or subrogation.

The Insured acknowledges that BCI is authorized but not obligated to recover directly from any third party any benefits paid from any party liable to the Insured upon mailing of a written notice to the potential payer and affected Insured or his or her representative.

BCI is entitled to reimbursement from the first dollars received from any recovery. BCI will not reduce the reimbursement or subrogation right due to the Insured not being made whole. BCI shall not be liable for any expenses or fees incurred by the Insured in connection with obtaining a recovery. An Insured, however, may request BCI to pay a proportional share of attorney's fees and costs at the time of any settlement or recovery or to otherwise reduce the required reimbursement amount to less than the full amount of benefits paid by BCI. BCI has discretion whether to grant such requests.

Advancement of payment for otherwise excluded benefits or review of a request for attorney fees are conditioned upon the retention by the Insured's attorney of funds sufficient to satisfy BCI's asserted lien in a client trust account, until such lien is satisfied or released.

In the event that an Insured and/or his/her agent or attorney fails to comply with the terms of these provisions, BCI may recover through legal action, any benefits advanced for any Illness or Injury resulting from the action or omission of a third party.

Any benefits provided by this Policy contrary to the exclusion are provided solely to assist the Insured, and are subject to all clauses herein related to the Insured's obligations regarding reimbursement and subrogation rights of this Policy.

By paying for such benefits BCI is not acting as a volunteer and is not waiving BCI's right to reimbursement or subrogation.

14. RIGHT TO RECOVERY

If for any reason BCI has paid any amount to or on behalf of an Insured in any of the following circumstances:

- 1) For services, supplies or accommodations not covered under this Policy;
- 2) Payments made for or on behalf of a person who is not covered under this Policy;
- 3) Payments which exceed amounts to be paid as benefits under this Policy;
- 4) Duplicate payments; or
- 5) For benefits received from BCI for treatment of an Illness or Injury of an Insured where another person, entity, firm or corporation is legally responsible for payment for the treatment of the Insured,

the Insured agrees to reimburse BCI for any and all above described amounts. BCI shall have three (3) years from the date of loss or in the case of third party responsibility as described in paragraph 5, shall have three (3) years from discovery of the payment to Insured or on the Insured's behalf by the third party through contract, settlement, judgment or any other means, to request reimbursement from the Insured. In the event BCI uses a third party collection agency or attorney to collect the overpayment, the Insured shall be responsible for payment of collection fees incurred, including but not limited to any court costs and attorney fees. BCI's right to recovery includes the right to deduct the amount paid in error from future benefits BCI would provide for the Insured, even if the payment error was not made originally on that Insured's behalf.

This Right to Recovery provision in no way reduces rights to reimbursement or subrogation. Please reference other sections of this Policy specific to third party liability.

15. CHOICE OF LAW

This Policy shall be governed by and construed and enforced in accordance with the laws of the State of Idaho.

Venue:

Any legal action arising out of this Policy must be filed in either state or federal court in Idaho. Venue of any cause of action arising out of this Policy resulting in legal action in state court or in arbitration or mediation shall be in Ada County, Idaho.

Merger:

This Policy contains the entire agreement binding the parties. It is expressly agreed that neither party is bound by any stipulation, representation, or agreements (verbal or otherwise), which is not printed or written in the Policy.

16. RIGHT TO RECEIVE AND RELEASE NECESSARY INFORMATION AND MEDICAL RECORDS

It is important to understand that health information about an Insured may be requested or disclosed by BCI. The information requested or disclosed will be used for the purpose of facilitating health care treatment, payment of claims, or business operations necessary to administer health care benefits; or as required by law.

The information requested or disclosed may be related to treatment or services received from:

- A.** A Physician, Dentist, pharmacist or other physical or behavioral health care practitioner;
- B.** A clinic, hospital, long-term care or other medical facility;
- C.** Any other institution providing care, treatment, consultation, pharmaceuticals or supplies; or
- D.** An insurance carrier or group health plan.

Health information requested or disclosed by BCI may include, but is not limited to claim records, correspondence, medical records, billing statements, diagnostic imaging reports, laboratory reports, dental records, or hospital records (including nursing records and progress notes).

NOTE: This provision does not apply to information regarding HIV/AIDS, psychotherapy notes, alcohol/drug services, and genetic testing. A specific authorization will be obtained from the Insured in order for BCI to receive information related to these health conditions.

17. TERM, TERMINATION AND MODIFICATION PROVISIONS

- A.** This Policy shall be in full force and effect for a period of twelve (12) months from the date first hereinabove mentioned and from month to month thereafter, unless terminated in accordance with the following provisions:
 - 1) This Policy may be terminated by the Group without cause at any time upon thirty (30) days' written notification to BCI.
 - 2) In the event of nonpayment of premium by the Group on or before the due date as prescribed by BCI, or in the event the Group fails to meet the Group Qualifications, the

Policy shall be considered as having been terminated by the Group, and such termination shall be effective as of the end of the month for which premium was received, unless reinstated to the satisfaction of BCI.

- B. This Policy may be modified by BCI as to benefits, premium rates, retention and/or other provisions upon four (4) months written notice to the Group prior to the anniversary date.
- C. In the event of termination of this Policy, BCI shall be liable for those eligible claims which were incurred prior to the effective date of termination for a runout period of twelve (12) months after termination. At the end of such runout period any funds remaining in the incurred but unpaid reserve and accumulated surplus accounts shall be the property of the Group. The Group and BCI shall agree to the method of disposal of such remaining funds.

18. INDEPENDENT CONTRACTORS

It is expressly understood and agreed that Physicians and Providers of services hereunder are, as to BCI, solely independent contractors and are not agents of BCI for any purpose hereunder. BCI shall have no liability whatsoever for any negligence, act, or failure to act on the part of any such Physician or Provider.

19. EXTENDED BENEFITS UPON TERMINATION OF THE POLICY

In accordance with Sections 41-2213 and 41-2214 of the Idaho Code, the following provisions apply:

- A. If an Insured covered under this Policy at time of termination of this Policy is Totally Disabled, BCI shall continue to provide benefits for such Insured for covered expenses incurred as a result of the disabling condition(s) beyond the date of termination of the Policy for a period not exceeding twelve (12) months, until the Insured is no longer Totally Disabled, or until the maximum benefits of this Policy have been paid, whichever occurs first.
- B. If this Policy provided for maternity benefits and a covered Enrolled Employee or Dependent spouse is pregnant at the time of discontinuance of this Policy and is not eligible for any replacement group coverage within sixty (60) days of the discontinuance of this Policy, BCI will provide maternity benefits as defined in this Policy for a period not to exceed twelve (12) months beyond the date of termination for the Enrolled Employee or Dependent spouse.

20. FAMILY MEDICAL LEAVE ACT

This Policy shall be administered to accommodate the specific requirements of the Family and Medical Leave Act of 1993 (Public Law 103-3), the Act. Any term or provision of this Policy relating to eligibility for coverage which contradicts or conflicts with the express terms of the Act is hereby declared null and void.

The Group will keep BCI advised regarding the eligibility for coverage of any employee who may be entitled to the benefits extended by the Act.

21. REPLACEMENT

In the event this Policy replaces within sixty (60) days another group contract or policy which has been terminated, BCI shall immediately cover all employees and Dependents covered under the previous group contract or policy at the date of discontinuance who meet the definition of an Enrolled Employee and Dependent and who would otherwise be eligible for coverage under the previous contract or policy.

22. LIMITATIONS OF LIABILITY

In no case shall BCI be liable for the negligence or other wrongful act or omission of any Physician or Provider or their employees or any other person. BCI shall not be liable to any person or entity for the inability or failure to procure or provide the benefits of this Policy by reason of epidemic, disaster, or other cause or condition beyond the control of BCI.

23. VESTING OF POLICIES

Under no circumstances does an Insured acquire a vested interest in continued receipt of a particular benefit or level of benefits. If benefits for a service or supply are eliminated or modified for a new Policy year, benefits will not be provided for those services or supplies rendered after the effective date of the elimination or modification. No oral statements or representations by any person, including employers, agents, or representatives of BCI, can change, alter, delete, add, or otherwise modify the express written terms of this Policy or a validly executed endorsement to this Policy.

24. NONASSIGNABILITY

The benefits hereunder shall not, by the Insured or any person entitled thereto, be pledged, hypothecated, encumbered, or assigned without the expressed written consent of BCI.

25. NONASSIGNABILITY OF VOTING RIGHTS

A Policyholder entitled to vote on any matter of corporation business may not assign or in any way delegate such voting right to any other person, or entity, other than by a validly executed written proxy filed with BCI in compliance with its bylaws.

26. CLAIMS APPEALS PROCESS

This section describes the Appeal Process in the event an Insured or an Insured's Representative (any representative authorized by the Insured) has a complaint or grievance regarding a claim denial or other action by BCI under this Policy and wishes to have it reviewed. A request for appeal must be submitted to BCI within one hundred eighty (180) days of the claim denial or other action giving rise to the complaint or grievance. Failure to appeal within this time period will preclude all further rights to appeal or contest the action in any forum.

NOTE: In the event an Insured or an Insured's Representative reasonably believes that a utilization management decision denying preauthorization of a pre-service claim could jeopardize the Insured's life, health, or ability to regain maximum function or according to a Physician with knowledge of the Insured's medical condition, would subject the Insured to severe pain that cannot be adequately managed without the disputed care or treatment, the Insured or the Insured's Representative may request an Expedited Appeal. For procedures, see "Expedited Appeal" below.

FIRST LEVEL – Complaint/Grievance/Reconsideration

The Insured may initiate an appeal through either a written or verbal request. Written appeal requests should be mailed to Blue Cross of Idaho, PO Box 7408, Meridian, Idaho 83707. Oral requests can be made by calling BCI at (208) 331-7347 or toll-free at 1-800-627-1188. Within five (5) working days or seven (7) calendar days, whichever is sooner, of the receipt of request for an appeal, BCI will send an acknowledgement of the request for appeal. If additional information is needed to complete the review, BCI will send notice of the delay within thirty (30) days of receipt of the appeal request. "First Level – Complaint/Grievance/Reconsideration" is a review by a BCI representative who was not involved in the

initial decision. In the case of an appeal involving a decision requiring medical judgment, the BCI representative will consult with a BCI Medical Services Physician prior to rendering a decision. A written notice of the decision will be sent within thirty (30) days of receipt of the request for an appeal.

SECOND LEVEL - Internal Appeal

If the Insured disagrees with the decision made in the "First Level – Complaint/Grievance/Reconsideration," the Insured may request further appeal to the "Second Level – Internal Appeal." The appeal request must be made within one hundred eighty (180) days after the Insured receives notice of the decision at the "First Level Complaint/Grievance/Reconsideration." Failure to request a "Second Level – Internal Appeal" within this time period will preclude the Insured's right to further appeal of the decision in any forum. The appeal request, including any additional information or comments, must be made to Blue Cross of Idaho, PO Box 7408, Meridian, Idaho 83707. Within five (5) working days or seven (7) calendar days, whichever is sooner, of the receipt of the request for "Second Level – Internal Appeal," BCI will send an acknowledgement of the request for appeal. "Second Level – Internal Appeal" is a review by a Panel comprised of the Appeal Coordinator, a BCI Medical Services Physician, and another officer of BCI, none of whom were involved in the initial denial. The Insured or the Insured's Representative, on the Insured's behalf, will be given a reasonable opportunity to personally appear or participate via telephone, video conference, or other technology, and/or to provide written materials. For appeals involving a post-service investigational or experimental issue, a written notice of the decision will be sent within twenty (20) working days or thirty (30) calendar days, if sooner, of receipt of the "Second Level – Internal Appeal" and within five (5) working days of the decision being made. For appeals involving pre-service preauthorization of a procedure, including a pre-service investigational procedure, a written notice of the decision will be sent within fourteen (14) days of receipt of the "Second Level – Internal Appeal" and within five (5) working days of the decision being made, except when additional information is needed. In that case, the total review period will not exceed thirty (30) days from receipt of the initial request for "Second Level – Internal Appeal." For all other appeals, a written notice of the decision will be sent within thirty (30) days of receipt of the request for "Second Level – Internal Appeal" and within five (5) working days of the decision being made.

For decisions regarding Medical Necessity and experimental or investigational appeals, a "Third Level – External Appeal" is available. The "Second Level Appeal" is the final decision regarding benefit determination.

OPTIONAL APPEAL

The following level of Appeal is optional. For an Insured of a Group which is subject to ERISA, such Insured should know that other forums may be utilized as the final level of Appeal to resolve a dispute the Insured has with BCI, including but not limited to civil action under Section 502(a) of ERISA.

OPTIONAL THIRD LEVEL - External Appeal

If the Insured disagrees with the decision regarding Medical Necessity and experimental or investigational made in the "Second Level – Internal Appeal" (or if the Insured disagrees with the decision made in a "First Level – Expedited Appeal" described below), but preauthorization could no longer be reasonably believed to be clinically urgent (e.g., the service has been provided), the Insured may request further appeal to the "Third Level – External Appeal." The appeal request must be made within one hundred eighty (180) days after the Insured receives notice of the decision at the "Second Level – Internal Appeal." Failure to request a "Third Level – External Appeal" within this time period will preclude the Insured's right to further appeal of the decision through this optional level. The appeal request, including any additional information or comments, must be made to Blue Cross of Idaho, PO Box 7408, Meridian, Idaho 83707. "Third Level – External Appeal" will be coordinated by the Appeal Coordinator while the decision is made by an Independent Review Organization (IRO). The IRO is an independent Physician review organization which is unbiased, independent, and not controlled by BCI. Within the IRO, there will be clinical expertise,

use of evidence-based decision making, maintenance of confidentiality, and adequate administration and training capacity. Within five (5) working days of receipt of the request for a "Third Level – External Appeal," the Appeal Coordinator will send an acknowledgement of the request for appeal. The Appeal Coordinator will provide the IRO with the appeal documentation within three (3) working days. The Appeal Coordinator will send written notice to the Insured of the decision within thirty (30) days of the receipt of request for "Third Level – External Appeal."

FOR ERISA GROUPS

The following level of Appeal is optional. Other forums may be utilized as the final level of Appeal to resolve a dispute the Insured has with BCI, including but not limited to civil action under Section 502(a) of ERISA.

OPTIONAL FOURTH LEVEL - Arbitration

Arbitration is the final level of appeal for a dispute an Insured has with BCI. All other levels of this Appeal Process must be exhausted before arbitration is available. Arbitration will be binding in accordance with the Arbitration provision of this section. BCI will assist the Insured with procedures for initiating and participating in an arbitration.

FOR NON-ERISA GROUPS FOURTH LEVEL - Arbitration

Arbitration is the final level of appeal for a dispute an Insured has with BCI. All other levels of this Appeal Process must be exhausted before arbitration is available. Arbitration will be binding in accordance with the Arbitration provision of this section. BCI will assist the Insured with procedures for initiating and participating in an arbitration.

EXPEDITED APPEALS

FIRST LEVEL - Expedited Appeal

If the Insured or Insured's Representative reasonably believes that a utilization management decision is clinically urgent and that denial by BCI of preauthorization of a pre-service will jeopardize the Insured's life, health, or ability to regain maximum function or according to a Physician with knowledge of the Insured's medical condition, would subject the Insured to severe pain that cannot be adequately managed without the disputed care or treatment, the Insured or the Insured's representative may request an Expedited Appeal. The appeal request must be made verbally or in writing within one hundred eighty (180) days after the Insured receives notice of the initial written preauthorized denial, state the need for a decision on an expedited basis, and include documentation necessary for the appeal decision. The appeal request, including any additional information or comments, must be made to Blue Cross of Idaho, PO Box 7408, Meridian, Idaho 83707. The "First Level – Expedited Appeal" is a review by a Panel comprised of the Appeal Coordinator, a BCI Medical Service Physician, and another officer of BCI, none of whom were involved in the initial denial. A verbal notice of the decision will be provided to the Insured and the Insured's Representative as soon as possible after the decision, but no later than seventy-two (72) hours of receipt of the request for "First Level – Expedited Appeal," and a written notice will be provided within one (1) working day of providing the verbal notification.

OPTIONAL EXPEDITED APPEAL

The following level of Expedited Appeal is optional. For an Insured of a Group which is subject to ERISA, such Insured should know that other forums may be utilized as the final level of Expedited Appeal to resolve a dispute the Insured has with BCI, including but not limited to civil action under Section 502(a) of ERISA.

OPTIONAL SECOND LEVEL - Expedited Appeal

If the Insured disagrees with the decision made in the "First Level – Expedited Appeal" and the Insured or Insured's Representative reasonably believes that preauthorization remains clinically urgent (pre-service), the Insured may request further appeal to the "Second Level – Expedited Appeal." The appeal request must be made verbally or in writing within one hundred eighty (180) days after the Insured receives either the verbal or written notice of the decision at the "First Level – Expedited Appeal."

Failure to request a "Second Level – Expedited Appeal" within this time period will preclude the Insured's right to further appeal of the decision through this optional level. The appeal request, including any additional information or comments, must be made to Blue Cross of Idaho, PO Box 7408, Meridian, Idaho 83707. A "Second Level – Expedited Appeal" will be coordinated by the Appeal Coordinator while the decision is made by an Independent Review Organization (IRO). The IRO is an independent Physician review organization which is unbiased, independent, and not controlled by BCI. Within the IRO, there will be clinical expertise, use of evidence-based decision making, maintenance of confidentiality, and adequate administration and training capacity. Immediately upon receipt of the request for a "Second Level – Expedited Appeal," the Appeal Coordinator will provide the IRO with the appeal documentation. A verbal notice of the decision will be provided to the Insured and the Insured's Representative as soon as possible after the decision, but no later than seventy-two (72) hours of receipt of the request for "Second Level – Expedited Appeal," and a written notice will be provided by the IRO within two (2) working days of providing the verbal notification.

FOR ERISA GROUPS

The following level of Appeal is optional. Other forums may be utilized as the final level of Appeal to resolve a dispute the Insured has with BCI, including but not limited to civil action under Section 502(a) of ERISA.

OPTIONAL THIRD LEVEL – Expedited Appeal

Arbitration is available as the final level of appeal for a dispute an Insured has with BCI. All other levels of this Appeal Process must be exhausted before arbitration is available. Choosing arbitration as the final level for the settlement of such disputes will be binding in accordance with the Arbitration provision of this section. BCI will assist the Insured with procedures for initiating and participating in an arbitration.

FOR NON-ERISA GROUPS

THIRD LEVEL – Expedited Appeal

Arbitration is the final level of appeal for a dispute an Insured has with BCI. All other levels of this Appeal Process must be exhausted before arbitration is available. Arbitration will be binding in accordance with the Arbitration provision of this section. BCI will assist the Insured with procedures for initiating and participating in an arbitration.

ARBITRATION (for non-ERISA Groups or if Opted for ERISA Groups)

In the event of any dispute or controversy concerning the construction, interpretation, performance, or breach of the Agreement arising between the Insured or the heir-at-law or the Insured's representative, and BCI, whether involving a claim in tort, contract, or otherwise, the same may be submitted by the Insured as the final level of appeal, to arbitration under the appropriate rules of the American Arbitration Association. All administrative remedies described in this Policy must be exhausted prior to the demand for arbitration. The costs of arbitration, including reasonable filing fees, administrative fees, and arbitrator fees, will be borne by BCI. Other expenses of arbitration, including but not limited to attorney fees, expenses of discovery,

witnesses, stenographers, translators, and similar expense, will be borne by the party incurring those expenses. The parties agree that the arbitrator's award will be binding, may include attorney's fees if allowed by state law, and may be enforced in any court having jurisdiction thereof by filing a petition for enforcement of said award. Any arbitration will be conducted in Boise, Idaho, unless mutually agreed otherwise by the parties.

27. BLUECARD PAYMENT CALCULATIONS

A. EMPLOYER INFORMATION

Like all Blue Cross and Blue Shield Licensees, BCI participates in a program called "BlueCard." Whenever Enrollees access health care services outside the geographic area BCI serves, the claim for those services may be processed through BlueCard and presented to BCI for payment in conformity with network access rules of the BlueCard Policies then in effect ("Policies"). Under BlueCard, when Enrollees receive Covered Services within the geographic area served by an on-site Blue Cross and/or Blue Shield Licensee ("Host Blue"), BCI will remain responsible to the Group for fulfilling BCI contract obligations. However, the Host Blue will only be responsible, in accordance with applicable BlueCard Policies, if any, for providing services such as contracting with its participating Providers and handling all interaction with its participating Providers. The financial terms of BlueCard are described generally below.

1. LIABILITY CALCULATION METHOD PER CLAIM

The calculation of Enrollee liability on claims for Covered Services incurred outside the geographic area BCI serves and processed through BlueCard, if not covered by a flat dollar copayment, will be based on the lower of the Provider's billed charges or the negotiated price BCI pays the Host Blue. The methods employed by a Host Blue to determine a negotiated price will vary among Host Blues based on the terms of each Host Blue's Provider contracts. The negotiated price paid to a Host Blue by BCI on a claim for health care services processed through BlueCard may represent:

- a) the actual price paid on the claim by the Host Blue to the health care Provider ("Actual Price"); or
- b) an estimated price, determined by the Host Blue in accordance with BlueCard Policies, based on the Actual Price increased or reduced to reflect aggregate payments expected to result from settlements, withholds, any other contingent payment arrangements and non-claims transactions with all of the Host Blue's health care Providers or one or more particular Providers ("Estimated Price"); or
- c) an average price, determined by the Host Blue in accordance with BlueCard Policies, based on a billed charges discount representing the Host Blue's average savings expected after settlements, withholds, any other contingent payment arrangements and non-claims transactions for all of its Providers or for a specified group of Providers ("Average Price").

An Average Price may result in greater variation to the Enrollee and the Group from the Actual Price than would an Estimated Price. Host Blues using either the Estimated Price or an Average Price will, in accordance with BlueCard Policies, prospectively increase or reduce the Estimated Price or Average Price to correct for over- or underestimation of past prices. However, the amount paid by the Enrollee is a final price and will not be affected by such prospective adjustment.

Statutes in a small number of states may require a Host Blue either (1) to use a basis for calculating Enrollee liability for Covered Services that does not reflect the entire savings realized, or expected to be realized, on a particular claim or (2) to add a surcharge. If any state statutes mandate liability calculation methods that differ from the negotiated price methodology or require a surcharge, BCI would then calculate Enrollee liability for any Covered Services consistent with the applicable Host Blue state statute in effect at the time the Enrollee received those services; or

- d) the billed charge, at BCI's sole discretion, when Covered Services are received outside the geographic area.

2. RETURN OF OVERPAYMENTS

Under BlueCard, recoveries from a Host Blue or from participating Providers of a Host Blue can arise in several ways, including but not limited to anti-fraud and abuse audits, Provider/hospital audits, credit balance audits, utilization review refunds, and unsolicited refunds. In some cases, the Host Blue will engage third parties to assist in discovery or collection of recovery amounts. The fees of such a third party are netted against the recovery. Recovery amounts, net of fees, if any, will be applied in accordance with applicable BlueCard Policies, which generally require correction on a claim-by-claim or prospective basis.

B. EMPLOYEE INFORMATION

Under BlueCard, when you obtain health care services outside the geographic area BCI serves, if not covered by a flat dollar copayment, the amount you pay for Covered Services is calculated on the lower of:

- The billed charges for your Covered Services, or
- The negotiated price that the on-site Blue Cross and/or Blue Shield Plan ("Host Blue") passes on to us.

Often, this "negotiated price" will consist of a simple discount that reflects the actual price paid by the Host Blue. But sometimes it is an estimated price that factors into the actual price expected settlements, withholds, any other contingent payment arrangements and non-claims transactions with your health care Provider or with a specified group of Providers. The negotiated price may also be billed charges reduced to reflect an average expected savings with your health care Provider or with a specified group of Providers. The price that reflects average savings may result in greater variation (more or less) from the actual price paid than will the estimated price. The negotiated price will also be adjusted in the future to correct for overestimation or underestimation of past prices. However, the amount you pay is considered a final price.

Statutes in a small number of states may require the Host Blue to use a basis for calculating Enrollee liability for Covered Services that does not reflect the entire savings realized, or expected to be realized, on a particular claim or to add a surcharge. If any state statutes mandate Enrollee liability calculation methods that differ from the usual BlueCard method noted above in paragraph one of this section or require a surcharge, BCI will then calculate your liability for any Covered Services in accordance with the applicable Host Blue state statute in effect at the time you received your care.

All Blue Cross and Blue Shield Plans participate in the BlueCard Program. When an Insured obtains Covered Services outside the geographic area Regence BSI serves and the claim is processed through

the BlueCard Program, the amount the Insured pays for Covered Services is usually calculated from the lower of: (1) the provider's billed charges for the Covered Services; or (2) the negotiated price that the on-site Blue Cross and/or Blue Shield organization ("Host Blue") passes on to Regence BSI. Often this "negotiated price" will consist of a simple discount which reflects the actual price paid by the Host Blue. But sometimes it is an estimated final price that factors into the actual price expected from settlements, withholds, any other contingent payment arrangements and non-claims transactions with the provider or with a specified group of providers. The negotiated price may also be billed charges reduced to reflect an average expected savings with the provider or with a specified group of providers. The price that reflects average savings may result in greater variation (more or less) from the actual price paid than will the estimated price. The negotiated price may be prospectively adjusted to correct for over- or underestimation of past prices. However, the amount the Insured pays is considered a final price.

In addition, statutes in a small number of states may require the Host Blue to use a basis for calculating an Insured's liability for Covered Services that does not reflect the entire savings realized, or expected to be realized, on a particular claim or to add a surcharge. Should any state statute mandate an Insured's liability calculation method that differs from the usual BlueCard method noted in the paragraph above or require a surcharge, Regence BSI would then calculate an Insured's liability for Covered Services using that state's statutory method in effect at the time the Insured received Covered Services.

SCHEDULE OF BENEFITS

BASIC MEDICAL, SURGICAL, AND HOSPITAL BENEFITS

BCI will provide Insureds with benefits for Medically Necessary medical, surgical, and Hospital services actually incurred subject to the maximum lifetime benefit limits and the terms, waiting periods, exclusions, limitations, and general provisions set forth in this Policy, as follows:

28. PARTICIPATING PHYSICIAN/PROVIDER

Benefits of this section shall apply to all office, home, and Hospital services provided by and billed by a Participating Physician/Provider, including all laboratory testing and x-ray examination when such services are provided in the office of the Participating Physician/Provider.

Laboratory testing and x-ray examination services provided at a Hospital or other facility, regardless of whether the insured was referred to the Hospital or facility by a Participating Physician/Provider, will be paid under the applicable section of this Schedule of Benefits depending upon the person, entity, or facility providing the service.

Benefits for services of a Participating Physician/Provider as outlined below shall be provided at one hundred percent (100%) of the Allowable Charge:

- A.** Hospital calls for Illness or Injury while necessarily hospitalized as an Inpatient during coverable periods of hospitalization.
- B.** Surgical services, including services of assistant surgeon and anesthesiologist, while necessarily hospitalized as an Inpatient during coverable periods of hospitalization.
- C.** Office, home, and Outpatient Hospital visits for treatment of Injury or Surgery either in the Physician/ Provider's office or as an Outpatient at the Hospital.
- D.** Outpatient diagnostic laboratory and/or x-ray services for Illness conditions up to a maximum of \$100 paid per calendar year. Chiropractic x-rays are not provided under this provision.
- E.** Outpatient diagnostic laboratory and/or x-ray services for Injury up to a maximum of \$100 paid per Injury each calendar year. Chiropractic x-rays are not provided under this provision.
- F.** Second and third surgical consultative opinions to confirm the need for Elective Surgical Procedures as first recommended by the attending Physician. A second opinion consultant shall not be the same Physician who recommended elective Surgery, and a third opinion consultant shall not be the same Physician who recommended elective Surgery or rendered the second opinion. Use of a second opinion is at the Insured's option. If the second opinion conflicts with the first, then a third opinion is a Covered Service.
- G.** Diagnostic laboratory and/or x-ray tests required for a scheduled admission as an Inpatient, if performed on an Outpatient basis within seven (7) days of the scheduled admit. Benefits for these services will be paid at eighty percent (80%) if they are for establishing a diagnosis or if the hospital admission is cancelled or postponed. No benefit will be paid if services are repeated after admission to the Hospital unless extraordinary circumstances exist which require the services to be repeated.
- H.** Specifically listed preventive care services up to a maximum of \$500 paid per calendar year.
- I.** Specifically listed immunizations.

J. Diagnostic and screening colonoscopy and sigmoidoscopy.

29. NONPARTICIPATING PHYSICIAN/PROVIDER

In the event services described in the Participating Physician/Provider section above are provided by a Nonparticipating Physician/Provider, BCI will pay to the Insured or to the Nonparticipating Physician/Provider, at the election of BCI, eighty percent (80%) of the Allowable Charge for such services.

30. WORLD-WIDE COVERAGE

Benefits of this Policy shall be available on a world-wide basis.

31. HOSPITAL ADMISSION REVIEW

An Insured, his or her representative, or the facility should notify BCI of all Inpatient Hospital and skilled nursing facility admissions, including Inpatient admission for cochlear implant, within two (2) business days of admission. For emergency admissions, the Insured should notify BCI when stabilized and physically able. All admissions should be reviewed by BCI. Review of an admission does not guarantee benefit payments. Benefit payments will be made based upon Policy provisions and eligibility criteria.

32. INPATIENT HOSPITAL

Benefits shall be provided for room and board and general nursing care in a Hospital room of two (2) or more beds, but not to exceed seventy (70) days per confinement. Special care unit services shall be paid at a rate not to exceed two (2) times the semi-private room rate per day. Such benefits are renewable if a period of at least ninety (90) days has elapsed from the date of the Insured's last discharge to the date of the Insured's next admittance. Allowance shall be made for the day of admission.

Benefits shall be provided at one hundred percent (100%) of the Allowable Charge for hospital ancillary services and supplies.

Hospital benefits shall be provided, as set forth above, for cases of dental Surgery when performed by a Dentist and upon certification by a Physician that hospitalization is necessary because of nondental health impairment such as hemophilia, heart disease, etc.

33. SKILLED NURSING FACILITY SERVICES

As an alternative to and in lieu of hospital care, each Insured may receive benefits in a skilled nursing facility, subject to the terms of this Policy, when the Insured would require continuous skilled nursing care. Such days of care are limited to seventy (70) days. Such benefits are available only during such period as is necessary for proper medical care and treatment of the Insured. As a condition for benefits in a skilled nursing facility, BCI shall require a certificate of medical necessity signed by the attending Physician as to the need for such continuous skilled nursing care. This certification may be required at appropriate intervals as determined by BCI.

A. The following benefits shall be provided in a skilled nursing facility when the services are prescribed by the attending Physician:

- 1) Standard charges for daily services (including room accommodations, skilled nursing care, services of a social worker, meals, and routine supplies and services) up to the daily Hospital room and board allowance that would have been provided for under Inpatient Hospital Benefits.

- 2) Other services and supplies necessary for care and treatment of the Illness or Injury when furnished and billed by the facility except the following:
 - a) Supplies and services included as a part of the facility's charge for daily services.
 - b) Personal items, such as telephone, radio, television, and guest meals.
 - c) Use of operating room or other services characteristic of acute Hospital care.
 - d) Blood and blood plasma.

B. Benefits will not be provided when the care received:

- 1) Consists principally of care for tuberculosis.
- 2) Consists principally of room and board, routine nursing care, training personal hygiene, and other forms of self-care or supervisory or custodial services.
- 3) Consists principally of care for senile deterioration or mental deficiency or mental retardation.
- 4) Consists principally of care for mental Illness.
- 5) Consists principally of physical therapy, hydrotherapy, speech therapy, or occupational therapy, when skilled nursing care is not required.

34. MATERNITY CARE

- A.** Benefits for medical and surgical services consequential upon pregnancy, including Involuntary Complications of Pregnancy, for eligible female Enrolled Employees and spouses shall be provided at one hundred percent (100%) of the Allowable Charge for services of a Participating Physician/Provider.
- B.** Benefits for medical and surgical services consequential upon pregnancy, including Involuntary Complications of Pregnancy, for eligible female Enrolled Employees and spouses shall be provided at eighty percent (80%) of the Allowable Charge, as determined by BCI, for services of a Nonparticipating Physician/Provider.
- C.** Benefits shall be provided at one hundred percent (100%) of the Allowable Charge for room and board and general nursing care in a Hospital room of two (2) or more beds for maternity care, including Involuntary Complications of Pregnancy. Allowance shall be made for the day of admission or the day of discharge but not for both.
- D.** Maternity benefits (including Involuntary Complications of Pregnancy) are not provided for Dependent children.
- E.** No coverage will be provided for elective abortions, except to preserve the life of the female Enrolled Employee or spouse upon whom the abortion is performed.
- F.** Involuntary Complications of Pregnancy shall be covered as any other Illness.

35. CHARGES TO PATIENT

Other Hospital services, supplies, or charges not included above as well as Hospital charges over and above allowances herein above set forth shall be the responsibility of the Insured.

36. OUTPATIENT HOSPITAL

Benefits for Outpatient Hospital services, including preadmission testing, which are set forth in this Policy will be paid at one hundred percent (100%) of the Allowable Charge.

37. EMERGENCY ROOM CARE

Benefits will be provided at one hundred percent (100%) of the Allowable Charge for the use of the emergency room for the following circumstances or conditions:

- A. Medical emergencies having sudden and unexpected onset requiring immediate care to safeguard the life of the patient. Medical emergencies shall include, but are not limited to, heart attacks, strokes, poisonings, loss of consciousness or respiration, and convulsions. Similar acute conditions may also be determined to be medical emergencies by BCI, including a medical condition for which an ordinary prudent person would seek care or treatment.
- B. Treatment for Injuries within fourteen (14) days after such Injury has occurred.

38. MENTAL OR NEUROPSYCHIATRIC CONDITIONS AND CHEMICAL DEPENDENCY

Benefits will be provided at one hundred percent (100%) of the Allowable Charge for services for acute Mental or Neuropsychiatric Conditions or Chemical Dependency, while the Insured is necessarily hospitalized as an Inpatient in an approved Hospital or nonfederal institution specializing in the treatment of such Illnesses when such services are provided by a Participating Physician/Provider. See Limitations of the General Provisions for limitations.

Benefits will be provided at eighty percent (80%) of the Allowable Charge for services for acute Mental or Neuropsychiatric Conditions or Chemical Dependency, while the Insured is necessarily hospitalized as an Inpatient in an approved Hospital or nonfederal institution specializing in the treatment of such Illnesses when such services are provided by a Nonparticipating Physician/Provider. See Limitations of the General Provisions for limitations.

Benefits will be provided at one hundred percent (100%) of the Allowable Charge for room and board and general nursing care in a Hospital room of two (2) or more beds for acute treatment of Mental or Neuropsychiatric Conditions or Chemical Dependency, up to a maximum of eight (8) days per Insured each calendar year. Allowance shall be made for the day of admission or the day of discharge, but not for both.

Benefits will be provided at one hundred percent (100%) of the Allowable Charge for Hospital ancillary services and supplies up to a maximum of eight (8) days per Insured each calendar year.

39. MAMMOGRAPHY SERVICES

Benefits shall be provided for screening or diagnostic mammography services at the appropriate percentage as outlined in Participating Physician/Provider, Nonparticipating Physician/Provider, Inpatient Hospital Services, Outpatient Hospital Services, or Other Services sections of the Schedule of Benefits.

40. OTHER SERVICES

- A. Diagnostic X-ray and Laboratory Services: BCI will pay up to \$100 per Injury per Insured and up to \$100 per calendar year per Insured for all Illnesses or conditions not caused by an Injury. Services of a Chiropractor are not covered.
- B. Benefits for ambulance service within the local community by means of a specially designed and

equipped vehicle used primarily for transporting the sick and injured will be provided to a maximum of \$100 per Injury or Inpatient confinement:

- 1) From an Insured's home or scene of Injury or Medical Emergency to an approved Hospital,
- 2) Between approved Hospitals, or
- 3) Between an approved Hospital and skilled nursing facility, if such facility is the closest institution that can provide Covered Services appropriate to the Insured's condition. If there is no facility in the local community that can provide Covered Services appropriate to the Insured's condition, ambulance service will extend to the closest facility outside the local community that can provide the necessary service.

Air ambulance will be provided only when surface transportation is not feasible. Prior approval must be obtained from BCI to be eligible for this benefit unless an emergency situation existed which precluded obtaining prior approval.

41. SUPPLEMENTAL ACCIDENT BENEFITS

In the event an Insured sustains an Injury, a \$300 Supplemental Accident benefit will be provided for Covered Services prior to the application of any previously listed benefits. Professional services rendered by a Physician or Dentist for the treatment of a fractured jaw or for other Injury to a Sound Natural Tooth will also be provided. This Supplemental Accident Benefit shall be paid at one hundred percent (100%) of the Allowable Charge. Benefits shall be limited to \$300 for all services in connection with any one accident and will be provided for expenses for up to ninety (90) days from the date the Injury was incurred. Charges for services of a Chiropractor are not subject to this provision.

42. PREAUTHORIZED HUMAN ORGAN AND TISSUE TRANSPLANTS AND BONE MARROW REINFUSION BENEFITS

- A. Covered Services related to human organ and tissue transplants and bone marrow transplants shall be paid as set forth in Physician/Provider Services, Hospital Services, and Other Services. In addition to the exclusions and limitations set forth in the General Provisions of the Policy, human organ and tissue transplants shall be further subject to all of the conditions and limitations set forth below:
- 1) Benefits for any organ or tissue transplant or bone marrow reinfusion authorized by BCI will be paid up to a lifetime maximum of two hundred fifty thousand dollars (\$250,000) for each beneficiary under the Policy. All costs incurred by the beneficiary in connection with the organ transplant process shall be counted against the lifetime maximum including but not limited to: All pre-transplant procedures, post-transplant outpatient care related to the transplant (except drug costs); re- transplantation costs; any complications directly attributable to transplantation or reinfusion.
 - 2) Organ or tissue transplants must be given by one human being to another (except in the case of autologous bone marrow reinfusion). No benefits will be paid for artificial, nonhuman, or mechanical transplants regardless of whether implantation is a temporary measure while awaiting an available human organ.
 - 3) No benefits will be paid for donor or organ procurement services and costs incurred outside the United States, unless specifically approved by BCI.

- 4) Benefits are not provided for selection, transportation or storage costs when donor or organ procurement benefits are available through other group coverage, when government funding is available, or if funds are available from any other source.
- 5) No benefits will be paid for the purchase of any organ or tissue.
- 6) No benefits will be provided for any services or supplies related to transplant procedures other than those specifically listed as covered.
- 7) No benefits will be provided for any services, chemotherapy, radiation therapy supplies, drugs and aftercare for or related to bone marrow transplant, stem cell support or peripheral stem cell support procedures for a condition not specifically listed below as covered.

B. In addition to the provisions listed in paragraph A above, benefit payments related to the expenses incurred by the donor and the recipient of any organ or tissue transplant are also subject to the following additional provisions:

- 1) Organ procurement services means those diagnostic or medical services to evaluate, select, store, identify, or test that organ or tissue which is actually used in a transplant. It also means the donor's surgical and hospital services directly related to the removal of an organ or tissue which is actually used in a transplant. Organ procurement costs also include those expenses incurred by recipients in the medical process to locate a compatible donor. Transportation of the donor or for the donated organ or tissue is not an organ procurement service.
- 2) Benefits paid for organ procurement services shall be limited to a maximum of \$15,000 during an Insured's lifetime. Organ procurement service benefits will only be paid if the donor organ is actually used for a transplant. The benefits paid for organ procurement services will be counted against the lifetime maximum referred to in paragraph A(1) above.
- 3) When both the donor and recipient are covered by this Policy, benefits for the recipient's expenses will be paid according to the terms of this Policy subject to the lifetime maximums referred to in paragraph A(1) and B(2) above.
- 4) When both the donor and recipient are covered by this Policy, benefits for the donor's expenses are limited to the payment of organ procurement services subject to the following:
 - a) No donor expenses will be paid unless the donor's organ is actually used in the transplant.
 - b) Medical complications and unforeseen medical effects of the donation will be covered as any other illness regardless of whether the organ is actually used in the transplant.
 - c) Organ procurement expenses incurred by the donor will be credited against the donor's lifetime maximum set forth in paragraph B(2).
- 5) When only the recipient is an Insured under this health care Policy, only the recipient receives the benefits listed herein. No expenses incurred by the noninsured donor will be paid, except as otherwise permitted by the payment of organ procurement services under the recipient's health care Policy. No benefits whatsoever are available to a noninsured

recipient.

- 6) When only the donor is an Insured of this group health, Policy benefits for the donor's expenses are limited to the payment of organ procurement services subject to the following:
 - a) No donor expenses will be paid unless the donor's organ is actually used in the transplant.
 - b) Medical complications and unforeseen medical effects of the donation will be covered as any other illness regardless of whether the organ is actually used in the transplant.
 - c) Organ procurement expenses incurred by the donor will be credited against the donor's lifetime maximum set forth in paragraph B(2).

C. In addition to the lifetime maximum set forth in paragraph A(1) there shall be a benefit of up to \$5,000 in maximum lifetime benefits payable for the transportation, lodging, meals, and other incidental expenses incurred as a direct result of the transplant. The benefit will be paid upon the following terms and conditions:

- 1) The benefits will be paid only for the listed expenses incurred by the recipient or the recipient's immediate Family members.
- 2) The benefits will be reimbursed upon the submission to BCI of dated receipts showing the service provided, the cost of the service, and the name, address, and phone number of the service provider.
- 3) The listed expenses will not be reimbursed unless such expenses are incurred between the time period of five (5) days prior to the transplant to one hundred twenty (120) days after the transplant.
- 4) BCI reserves the exclusive right to deny payment of any such expenses it deems inappropriate, excessive, or not in keeping with the intent of this provision.

D. Human organ and tissue transplants covered under this Policy are limited to:

- 1) Heart
- 2) Single/bilateral/lobar lung
- 3) Lung in conjunction with heart transplant
- 4) Cornea
- 5) Kidney
- 6) Liver
- 7) Pancreas
- 8) Islet cell autotransplantation when undergoing total pancreatectomy for chronic pancreatitis
- 9) Small bowel
- 10) Small bowel/liver

- 11) Small bowel/liver/multivisceral
- 12) Autologous bone marrow transplant and/or autologous peripheral stem cell transplant only for the treatment of the following conditions:
 - a) Lymphoma
 - b) Hodgkin's disease
 - c) Neuroblastoma
 - d) Acute leukemia
 - (1) Lymphocytic
 - (2) Myelogenous
 - e) Germ cell tumor
 - f) Ewing's sarcoma, recurrent or refractory
 - g) Medulloblastoma, recurrent or refractory
 - h) Wilm's tumor, high risk or recurrent
 - i) Primitive neuroectodermal tumor
 - j) Multiple myeloma
- 13) Allogeneic bone marrow transplant only for the treatment of the following conditions:
 - a) Aplastic anemia
 - b) Acute leukemia
 - (1) Lymphocytic
 - (2) Myelogenous
 - c) Severe combined immunodeficiency (not AIDS)
 - d) Infantile malignant osteopetrosis
 - (1) Albers - Schonberg syndrome
 - (2) Marble bone disease
 - e) Chronic myelogenous leukemia
 - f) Lymphoma
 - g) Wiskott-Aldrich Syndrome
 - h) Neuroblastoma
 - i) Homozygous beta-thalassemia (thalassemia major)
 - j) Hodgkin's disease
 - k) Myelodysplastic syndrome

- l) Mucopolysaccharidoses
 - m) Mucopolipidoses
 - n) Myeloproliferative disorders
 - o) Sickle cell anemia
 - p) Kostmann's syndrome
 - q) Leukocyte adhesion deficiencies
 - r) X-linked lymphoproliferative syndrome
 - s) Wilm's tumor, high risk or recurrent
 - t) Ewing's sarcoma, recurrent or refractory
- 14) and other transplants determined by BCI to be a covered transplant since this Policy was issued.

E. No benefits will be provided unless written preauthorization is obtained from BCI prior to covered transplant-related services. BCI will determine whether to preauthorize a proposed transplant based on: (1) the Insured's medical condition, (2) medical appropriateness of the proposed transplant, (3) the Physician who will perform the transplant procedure, (4) the facility in which the transplant procedure will be performed, and (5) the terms and conditions of this transplant provision. BCI reserves the right, at its sole option, to contract with specific facilities to perform these transplant services and to base benefit payments upon the terms and conditions of such third party contracts.

43. CONTRACEPTIVES

- A.** Benefits provided for covered oral contraceptive prescription drugs for the Insured shall be subject to the prescription drug benefit and dispensing limit.
- B.** Benefits shall be provided for diaphragms and intrauterine devices for the Insured at one hundred percent (100%) of the Allowable Charge, subject to a \$25 Copayment per device.
- C.** Benefits shall be provided for injectable contraceptives (Depo Provera, etc.) for the Insured at one hundred percent (100%) of the Allowable Charge, subject to a \$20 Copayment per injection.
- D.** Benefits shall be provided for Norplant insertion for the purpose of contraception for the Insured at one hundred percent (100%) of the Allowable Charge, subject to a \$100 Copayment per implant.

Removal for conception and reinsertion following delivery is not covered. Coverage for implants will be limited to once each five (5) years.

44. PRESCRIPTION DRUG BENEFITS (NOT SUBJECT TO THE DEDUCTIBLE)

- A.** One hundred percent (100%) of BCI's prescription drug program administrator's Maximum Allowable Cost (MAC) rates after a \$10 Copayment for generic prescription drugs; or a \$20 Copayment for brand name prescription drugs and prescription medications newly approved by the Federal Food and Drug Administration (FDA) per prescription per Insured will be paid for covered prescription drugs when dispensed by a Network Pharmacist. Covered drugs are for the specific and direct treatment of the covered Illness or Injury.

- B. The cost of covered prescription drugs dispensed by a Nonnetwork Pharmacist shall be reimbursed to the Insured at fifty percent (50%) after a \$10 Copayment for generic prescription drugs, or a \$20 Copayment for brand name prescription drugs.
- C. Each prescription shall not exceed a thirty-four (34) day supply or 100 unit doses, whichever is greater.
- D. The MAC program requires the pharmacist to fill prescriptions with generic equivalent drugs unless directed by the physician to dispense brand name drugs. If the Insured requests a brand name drug in place of the generic equivalent, the Insured shall be responsible for the \$20 Copayment plus the difference in price between the brand name drug and its generic equivalent.
- E. One hundred percent (100%) of BCI's prescription drug program administrator's Maximum Allowable Cost (MAC) rates after a \$10 Copayment per prescription for generic prescription drugs, or a \$20 Copayment per prescription for brand name prescription drugs and prescription medications newly approved by the Federal Food and Drug Administration (FDA) per Insured will be paid for prescription drugs and medications prescribed to ease nicotine withdrawal. Charges for smoking cessation assistance shall not be provided under the Stop-Loss Coverage. Benefits paid shall be limited to a maximum of \$600, per Insured, per calendar year.
- F. Noncovered items include: (1) Fertility drugs; (2) Nonlegend prescription drugs other than insulin; (3) Charges for administration or injection of any drugs; (4) Therapeutic devices or appliances such as hypodermic syringes, except for diabetic test strips, lancets and syringes; support garments, and similar items; (5) Experimental drugs; (6) Immunization agents, biological sera, blood, or blood plasma; (7) Medication received as an Inpatient in a licensed Hospital or other facility.

45. HOSPICE CARE

Benefits will be provided at one hundred percent (100%) of the Allowable Charge for hospice services and supplies listed below, when such services and supplies are included in the hospice treatment plan, provided and billed by a hospice licensed by the Department of Health and Welfare, and provided to an Insured who is terminally ill and homebound. Notification of the Physician's treatment and plan of care must be provided to BCI.

Benefits are available for six (6) months from the initial date covered hospice care is provided, subject to a maximum of \$5,000 in benefits paid. BCI may, in its sole discretion, grant limited extensions if it is determined that continued hospice care is medically appropriate.

Home Care Visits - Visits by a registered or licensed practical nurse; a physical, occupational, or speech therapist; MSW (Masters of Social Works); or a home health aide. A visit must be for intermittent, Medically Necessary, or palliative care of not more than four (4) hours in duration.

Respite Care - Up to five (5) days or 120 hours of care, whichever is less, per three (3) month period in the most appropriate setting.

Limitations and Exclusions - Hospice benefits do not cover the following:

- 1) Services provided to other than the terminally ill Insured, including bereavement counseling for Family members.
- 2) Pastoral and spiritual counseling.
- 3) Services performed by Family members or volunteer workers.

- 4) Homemaker or housekeeping services, except by home health aides, as ordered in the hospice treatment plan.
- 5) Supportive environmental materials, including but not limited to handrails, ramps, air conditioners, and telephones.
- 6) Normal necessities of living, including but not limited to food, clothing, and household supplies.
- 7) Food service, such as "Meals on Wheels."
- 8) Separate charges for reports, records, or transportation.
- 9) Legal and financial counseling services.
- 10) Services and supplies not included in the hospice treatment plan or not specifically set forth as a hospice benefit.
- 11) Services and supplies in excess of the stated limitations or services and supplies provided more than six (6) months after the initial date of covered hospice care, unless specifically approved by BCI.

46. INPATIENT REHABILITATION

Benefits will be provided at one hundred percent (100%) of the Allowable Charge for Inpatient rehabilitation services and supplies, cardiac and pulmonary rehabilitation, provided and billed by a licensed acute rehabilitation Hospital with accreditation from the Joint Commission on Accreditation of Healthcare Organizations (JCAHO), the Commission on Accreditation of Rehabilitation Facility (CARF), or a Medicare-approved rehabilitation facility. Benefits are provided to restore an Insured who was Totally Disabled as the result of a covered Illness, Injury, condition, or disease as outlined below to a level of function which allows that Insured to live as independently as possible.

All of the applicable requirements set forth below must be met to qualify for this benefit:

- A.** The rehabilitation facility's program must be closely supervised by a physiatrist or Physician with experience in rehabilitation. The facility must provide twenty-four (24) hour rehabilitative nursing care and rehabilitative therapy with the availability of a registered nurse having specialized training or experience in rehabilitation.
- B.** The facility must provide a plan of treatment to BCI including current evaluations showing potential for improvement of the Insured's function.
- C.** Conditions for inpatient rehabilitation services covered under this Policy must be acute in nature. The benefits of this section will not be payable if the Insured has been previously treated for the same condition or has previously received any multi-level rehabilitative treatment in a medical rehabilitation center for the same condition. Covered conditions are limited to the following:
 - 1) Extensive intracranial Injury
 - a) Cerebral laceration and contusions
 - b) Subarachnoid, subdural extradural hemorrhage following Injury
 - c) Intracranial bleeding following Injury

- d) Other intracranial Injury
- 2) Extensive spinal cord Injury
- 3) Extensive crushing Injury involving multiple fractures
 - a) Lower extremity amputation due to trauma or new amputation due to illness
- 4) Inflammatory diseases of the central nervous system resulting in marked neurological/neuromuscular deficiency limited to the following:
 - a) Meningitis
 - b) Encephalitis
 - c) Intracranial and intraspinal abscess
- 5) Disorders of the central nervous system limited to the following:
 - a) Hemiplegia
 - b) Paraplegia
- 6) Acute cerebrovascular accidents
- 7) Neoplasms resulting in marked neurological and/or neuromuscular deficit limited to the following:
 - a) Spinal cord compression due to neoplasm
 - b) Intracranial neoplasm

Diagnosis alone does not justify benefit application for Inpatient rehabilitation.

- D.** The medical condition of the Insured must meet the following criteria for benefit consideration. This information must be documented in writing:
 - 1) The Insured must be considered medically stable to tolerate rehabilitative therapy.
 - 2) Physical Therapy or cognitive therapy (upon approval following review) must be the main focus of rehabilitation.
 - 3) The Insured must be able to tolerate at least three (3) hours of therapy per day.
 - 4) Severe physical, neuromuscular, neurological impairment necessitating the need for twenty-four (24) hour nursing care must be present.
 - 5) The Insured must be responsive to verbal and visual stimuli.
 - 6) No other medical, surgical, or psychological impairing condition shall be present which may limit rehabilitation progress.
 - 7) The Insured must show potential for rehabilitation.
- E.** No benefits will be provided unless the Insured obtains written preauthorization from BCI prior to Inpatient admission for rehabilitation. BCI reserves the right to review all requests for prior approval based on: (1) the Insured's medical condition, (2) the Physician who will supervise the

treatment, and (3) the facility in which the rehabilitation will be performed. BCI must receive information sufficient for its determination of Policy and benefit application. BCI reserves the right, at its sole option, to contract with specific facilities to perform rehabilitation services and to base benefit payments upon the terms and conditions of such third party contracts.

Total benefits paid for Inpatient rehabilitation services shall be limited to a maximum of \$25,000 per Insured each calendar year.

Limitations and Exclusions - Inpatient rehabilitation benefits do not cover the following:

- 1) Custodial Care
- 2) Maintenance care
- 3) Vocational rehabilitation
- 4) Driver's education
- 5) Communication devices
- 6) Services to reduce or training to reduce debilitating chronic pain
- 7) Pain management/clinics
- 8) Rehabilitation for post Inpatient Hospital stays for orthopaedic or reconstructive surgeries
- 9) Sensory stimulation for coma patients
- 10) Services for polyarthritis (including rheumatoid), neurological disorders, and/or deconditioning due to long illness
- 11) Prosthetic devices
- 12) Educational materials
- 13) Services, supplies, medication, or care of any kind, other than those directly related to rehabilitation care
- 14) Charges from a transitional care/subacute rehabilitation unit

SCHEDULE OF BENEFITS (CONT.)

MAJOR MEDICAL BENEFITS

Subject to all of the waiting periods, exclusions, limitations, and general provisions set forth in this Policy, except as otherwise specifically provided, BCI hereby agrees to provide the following benefits in addition to and as an extension of the services provided under Basic Medical, Surgical, and Hospital Benefits.

47. MAXIMUM BENEFITS

- A.** Total Major Medical Benefits paid under this Policy shall not exceed \$250,000 during an Insured's lifetime for all Illnesses and Injuries, with automatic reinstatement up to \$1,000 each calendar year.
- B.** Total Major Medical Benefits paid for Outpatient Mental or Neuropsychiatric Conditions and Chemical Dependency, shall be limited to seventeen (17) visits per Insured each calendar year.
- C.** Total Major Medical Benefits paid for private duty nursing services shall be limited to \$5,000 per Insured each calendar year.
- D.** Total Major Medical Benefits paid for services of a Chiropractor shall be limited to the Allowable Charge and a maximum of \$800 per Insured each calendar year.
- E.** Total Major Medical Benefits paid for Inpatient Mental or Neuropsychiatric Conditions, and Chemical Dependency, shall be limited to four (4) days per Insured each calendar year and a maximum of eight (8) days during an Insured's lifetime.
- F.** Total Major Medical Benefits paid for human growth hormone therapy shall be limited to a maximum of \$25,000 per Insured each calendar year.

48. DEDUCTIBLE

- A.** Before an Insured shall qualify for the benefits of this Policy, such Insured must have paid, subsequent to the Effective Date of coverage under this Policy, the Deductible amount of \$250 for each calendar year in which the benefits of this Policy apply. In calculating whether the Deductible requirements have been fulfilled, only amounts, up to the Allowable Charge, of Covered Services actually paid by the Insured for medical, surgical, and Hospital care during the current calendar year shall be considered.
- B.** No Family shall be obligated to meet more than three (3) separate Deductibles in any calendar year.
- C.** If charges for Covered Services are paid during the last three (3) months of a calendar year, the amounts applied to the Deductible during these months may be accumulated in satisfying the Deductible for the following year.
- D.** Charges for services payable by the Insured due to a reduction of benefits, denial of benefits, or amounts charged in excess of Allowable Charges are the financial responsibility of the Insured and shall not be considered as an eligible expense for application towards the Deductible amount.
- E.** If an Insured is hospitalized on the last day of the calendar year for which the Deductible requirement has been fulfilled and such hospitalization continues uninterrupted into the succeeding calendar year, such period of continuous hospitalization shall be considered a part of the calendar year in which it originated.
- F.** To qualify for the benefits of this Policy, the Insured covered shall submit proof to BCI that the

applicable Deductible amount for the calendar year involved has been incurred including name of Provider, diagnosis, and itemized statements.

- G.** If two (2) or more in a Family are injured in the same accident, only one (1) Deductible will apply.

49. COVERED EXPENSES

The following expenses, less amounts paid under Basic Medical, Surgical, and Hospital Benefits and the Cash Deductible, will be paid under the terms of this Policy at percentages or amounts indicated:

- A.** Medical and surgical expenses shall be paid as follows:
- 1) Participating Physicians/Providers - eighty percent (80%) of the Allowable Charge for professional care by Participating Physicians/Providers including home and office calls.
 - 2) Nonparticipating Physicians/Providers - eighty percent (80%) of the Allowable Charge for services of Nonparticipating Physicians/Providers.
 - 3) Outpatient Mental and Neuropsychiatric Conditions and Chemical Dependency, fifty percent (50%) of the Allowable Charge for Physician/Provider psychiatric services.
- B.** Benefits shall be provided at eighty percent (80%) of the Allowable Charge for room and board and general nursing care in a Hospital room of two (2) or more beds. Allowance shall be made for the day of admission or the day of discharge but not for both.
- C.** Benefits shall be provided at eighty percent (80%) of the Allowable Charge for Hospital cardiac or intensive care units.
- D.** Benefits shall be provided at eighty percent (80%) of the Allowable Charge for Hospital ancillary services and supplies.
- E.** Benefits shall be provided at eighty percent (80%) of the Allowable Charge for BCI-approved Outpatient hospital services, including but not limited to Surgery, diagnostic laboratory, and x-ray.
- F.** Additional covered expenses shall be paid at eighty percent (80%) of the Allowable Charge for the following:
- 1) Blood and blood plasma, if not replaced by donors.
 - 2) Subject to prior authorization by BCI, the rental (but not to exceed the total cost of purchase) or, at the option of BCI, the purchase of Durable Medical Equipment when prescribed by a Physician or Provider and required for therapeutic use. BCI shall reserve the right to contract with Providers as necessary to provide covered Durable Medical Equipment for its Insureds. Items secured under the provisions of this paragraph shall be limited to the standard model of such appliance or medical equipment (no benefits for electronic or cosmetic appliances). Repairs or maintenance costs will be covered. Replacement costs will be covered only if the equipment was used by the Insured in the manner and for the purpose for which the equipment was intended, and the replacement costs are necessarily incurred due to normal wear and tear of the equipment. See Exclusions of the General Provisions for other items not covered.
 - 3) Purchase, fitting, necessary adjustment, repairs, and replacements of prosthetic devices and supplies which replace all or part of an absent body organ (including contiguous tissue) or replace all or part of the function of a permanently inoperative or malfunctioning body

organ (excluding artificial hearts, dental appliances, and the replacement of cataract lenses, except when new cataract lenses are needed because of prescription change). Replacement costs will be covered only if the prosthetic appliance was used by the Insured in the manner and for the purpose for which such appliance was intended, and the replacement costs are necessarily incurred due to normal wear and tear of the appliance. BCI shall reserve the right to contract with Providers as necessary to provide covered prosthetic appliances for its Insureds.

- 4) Benefits shall be provided for the purchase of an ankle-foot orthotic, and/or a knee-ankle-foot orthotic used to support, align, prevent, or correct deformities or improve function of movable parts of the body when required for therapeutic use for treatment of neurological or circulatory conditions. BCI shall reserve the right to contract with Providers as necessary to provide covered orthotics for its Insureds. Items secured under the provisions of this paragraph shall be limited to the standard and/or most cost effective model of such orthotic (no benefits for electronic or cosmetic devices). Maintenance costs will not be covered. Repairs and replacement costs will be covered only if the orthotic was used by the Insured in the manner and for the purpose for which the orthotic was intended, and the replacement costs are necessarily incurred due to normal wear and tear of the orthotic.
- 5) Professional services rendered by a Physician or Dentist for the treatment of a fractured jaw or for Injury to a Sound Natural Tooth for up to twelve (12) months from date of accident. Services needed as a result of chewing or biting shall not be considered services required as a result of an Injury.
- 6) Ambulance service within the local community by means of a specially designed and equipped vehicle used primarily for transporting the sick and injured:
 - a) From an Insured's home or scene of Injury or Medical Emergency to an approved Hospital, or
 - b) Between approved Hospitals, or
 - c) Between an approved Hospital and skilled nursing facility, if such facility is the closest institution that can provide Covered Services appropriate to the Insured's condition. If there is no facility in the local community that can provide Covered Services appropriate to the Insured's condition, ambulance service will extend to the closest facility outside the local community that can provide the necessary service.

Air ambulance will be provided only when ground transportation is not feasible. Prior approval must be obtained from BCI to be eligible for this benefit unless an emergency situation existed which precluded obtaining prior approval.

- 7) Professional services rendered by a Chiropractor, practicing within the scope of his or her license, when such services would constitute benefits of this Policy if rendered by a Physician. See Limitations of the General Provisions. Chiropractic benefits shall not be provided under the Accidental Injury Benefits or Stop-Loss Coverage, or for the treatment of orthognathic conditions or temporomandibular joint (TMJ) disorders.
- 8) Benefits shall be provided for preventive care services that are not specifically listed or specifically listed preventive care services in excess of \$500.

- 9) Benefits shall be provided for immunizations that are not specifically listed.

50. HUMAN GROWTH HORMONE THERAPY

Benefits shall be provided at eighty percent (80%) of the Allowable Charge for human growth hormone therapy for: (1) growth hormone deficiency in children, (2) growth failure in children secondary to chronic renal insufficiency, (3) Turner's Syndrome, or (4) the promotion of wound healing for patients with severe, acute burns. Human growth hormone therapy for the above listed conditions will only be provided when authorized by BCI in advance. Benefits for covered human growth hormone therapy shall be limited to a maximum of \$25,000 per Insured each calendar year.

51. HOME INFUSION THERAPY

Benefits for home infusion therapy shall be provided at eighty percent (80%) of the Allowable Charge for Medically Necessary services and supplies when provided by a BCI-approved home infusion therapy provider. Covered Services shall include the following:

- A.** Professional skilled nursing services of a nurse (RN or LPN) required for: (1) training the Insured and/or alternative caregiver; (2) the administration of therapy; and (3) monitoring the intravenous therapy treatment.
- B.** Medical and surgical supplies, and equipment, which are customarily furnished by the home infusion therapy agency and which are Medically Necessary to administer the home infusion therapy treatment.
- C.** Prescribed drugs furnished by the home infusion therapy agency, which is a part of the home infusion therapy treatment. The administration of such drugs must require the professional skills of a nurse (RN or LPN) at the time the Insured is receiving nursing services as set forth above. This does not include prescribed drugs that are self-administered or administered by a non-professional caregiver.

No benefits will be provided unless the Insured obtains preauthorization from BCI prior to receiving home infusion therapy treatment. BCI must receive information sufficient for its determination of medical necessity.

52. HOME HEALTH CARE

Benefits shall be provided at one hundred percent (100%) of the Allowable Charge for home health care services when provided by an BCI-approved home health care agency. All of the following conditions must be met to qualify for this benefit:

- A.** Services are provided in lieu of in-hospital or necessary skilled nursing facility services.
- B.** The services are prescribed by a Physician.
- C.** The services are provided by a R.N. or L.P.N. on a part-time visiting basis of no more than four (4) hours in duration per visit.
- D.** The services are provided by a Hospital or state-licensed community health care agency approved by BCI.
- E.** Notification to BCI of treatment and plan of care is required.

No benefits will be paid for services provided where no specific medical treatment is furnished. Services

provided by a relative, volunteer, or by a person who normally resides with the patient will not be covered.

Total benefits paid for home health care visits shall be limited to a maximum of \$5,000 per Insured each calendar year.

53. OUTPATIENT REHABILITATION

Benefits shall be provided at eighty percent (80%) of the Allowable Charge for Medically Necessary Outpatient rehabilitation services and supplies provided and billed by a licensed or certified physical, occupational, respiratory, cardiac, pulmonary, or speech therapist to improve or restore lost bodily function.

Limitations and Exclusions - Outpatient rehabilitation benefits do not cover the following:

- A. Inpatient care and services.
- B. Diagnostic, therapeutic, rehabilitative, or health maintenance service provided at or by a health spa or fitness center, whether or not that service is provided by a licensed or registered provider.
- C. Treatment primarily for Mental or Neuropsychiatric Conditions or Chemical Dependency.
- D. Services, supplies, medications, or care of any kind, other than those directly related to rehabilitation care.
- E. Biofeedback, unless rendered as neuromuscular electrical stimulation.

54. STOP-LOSS COVERAGE

In the event total benefits paid by BCI at eighty percent (80%) of the Allowable Charge under Major Medical or Basic Medical, Surgical, and Hospital Benefits for one Insured exceed \$2,000 in one (1) calendar year (\$500 out-of-pocket plus Deductible), all benefits payable under the Major Medical or Basic Medical, Surgical, and Hospital Benefits portion of this Policy on behalf of that Insured shall be provided at one hundred percent (100%) of the Allowable Charge for the remainder of the calendar year in which the excess charges were incurred. Charges for services of a Chiropractor or services provided for treatment of Mental and Neuropsychiatric Conditions or Chemical Dependency, are not subject to this provision.

VISION BENEFITS

This vision plan is attached to and is part of the Policy. This vision plan is subject to the Policy General Provisions and to the limitations, exclusions, and other provisions set forth below. BCI agrees to provide the following benefits:

55. EYE EXAMINATION

Enrolled Employees and eligible Dependents shall receive benefits for an examination of the eyes once every calendar year shall be provided at one hundred percent (100%) of the Allowable Charge to a maximum of \$40.

56. FRAMES AND LENSES

In addition to the services of a Participating/Physician or Nonparticipating Physician/Provider, Enrolled Employees and eligible Dependents shall receive a reimbursement toward the cost of frames and lenses. Reimbursement for frames is limited to one (1) benefit each calendar year, and reimbursement for lenses is limited to one (1) pair each calendar year.

Frames	up to \$30.00
Lenses (each)	
Single vision	up to \$16.00
Bi-focal (includes continuous blend)	up to \$26.00
Tri-focal	up to \$36.00
Single vision contact lens (in lieu of glasses)	up to \$31.00
Bi-focal vision contact lens (in lieu of glasses)	up to \$41.00
Each Medically Necessary prescribed contact lens	up to \$100.00
Lenticular	up to \$80.00

If contact lenses, rather than ordinary frames and lenses, are selected, benefits will be determined in accordance with the allowances shown above for frames and single vision lenses.

Lenses which are "continuous blend" will be paid at the applicable allowance for the blend. In the event no indication is given as to the type of blend, benefits will be paid at bi-focal allowances.

57. LIMITATIONS

The lifetime maximum benefit payable per Insured for Medically Necessary contact lenses is \$800.

The lifetime maximum benefit payable for both eyes for surgical procedures of a refractive-keratoplasty type is \$102 per Insured.

58. EXCLUSIONS

No benefits will be provided for services deemed by BCI to be of a kind set forth below:

- A. Routine examination required by an employer as a condition of employment.
- B. Any condition covered by Worker's Compensation or similar law.
- C. Sunglasses or safety glasses, either prescription or nonprescription. No extra allowances for tinted lenses.
- D. Services or supplies primarily for beautification, cosmetic, or aesthetic purposes.
- E. Special procedures such as orthoptics and visual training.

NOTICE TO INSUREDS

WOMEN'S HEALTH AND CANCER RIGHTS

An Insured who is receiving medical and surgical benefits under this Policy in connection with a covered mastectomy and who elects breast reconstruction in connection with such mastectomy and in a manner determined in consultation with the attending physician shall be entitled to receive benefits for:

- Reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance; and
- Prostheses and treatment of physical complications at all stages of the mastectomy, including lymphedemas.

Coverage provided shall be consistent with the benefits of this Policy and may be subject to the applicable Deductible and/or Coinsurance provisions of this Policy.

NEWBORNS' AND MOTHERS' HEALTH PROTECTION ACT

BCI may not, under federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than forty-eight (48) hours following a normal vaginal delivery, or less than ninety-six (96) hours following a cesarean section, or require that a provider obtain authorization from the plan or insurance issuer for prescribing a length of stay not in excess of the above periods.

COBRA CONTINUATION

This COBRA CONTINUATION OF COVERAGE Section applies only when the Group is subject to the continuation of coverage provisions of the Consolidated Omnibus Budget Reconciliation Act of 1985, or COBRA. Under certain circumstances, called qualifying events, Insureds may have the right to continue coverage beyond the time coverage would ordinarily have ended. The following rights and obligations regarding continuation of coverage are governed by the Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA), as amended. In the event of any conflict between this continuation of coverage provision and COBRA, the minimum requirements of COBRA will govern. This provision will automatically cease to be effective when federal law requiring continuation of eligibility for coverage no longer applies to the Group. This section does not provide a full description of COBRA and more complete information is available from the Group.

WHO IS ELIGIBLE FOR COBRA CONTINUATION AND HOW LONG IT LASTS

If the Enrolled Employee's health coverage terminates due to either of the following qualifying events, the Enrolled Employee may elect COBRA continuation coverage for a maximum of 18 months following the date that the Enrolled Employee's coverage normally would have been lost:

- termination of employment for reasons other than gross misconduct;
- loss of coverage due to position elimination and eligibility for the Trade Adjustment Act; or
- reduction in hours of employment.

The Enrolled Employee's Dependents whose health coverage terminates due to either of these qualifying events may also elect this COBRA Continuation Coverage for a maximum of 18 months.

If health coverage for any of the Enrolled Employee's Dependents terminates due to any of the following qualifying events, that Dependent may elect COBRA Continuation Coverage for a maximum of 36 months following the date his or her coverage would have normally been lost:

- the Enrolled Employee's death;
- the Enrolled Employee and Enrolled Employee's spouse dissolve their marriage (divorce) or legally separate;
- the Enrolled Employee becomes entitled to Medicare benefits; or
- the Dependent is a child and loses eligibility as a dependent under this Policy.

By electing COBRA continuation coverage, unless the Enrolled Employee specifies to the contrary, The Enrolled Employee will automatically be maintaining benefits for the Enrolled Employee and Dependents. If COBRA continuation coverage is not desired for the Enrolled Employee or any of the Enrolled Employee's Dependents, each Insured may independently elect such coverage on behalf of him or herself. Any election by the Enrolled Employee's spouse will automatically continue coverage of the Enrolled Employee's Dependent children, unless specified to the contrary.

COBRA coverage following a termination of employment/reduction in hours qualifying event can be extended to a maximum of up to 29 total months if the Enrolled Employee and the Enrolled Employee's Dependent is determined to have been disabled for purposes of Title II or Title XVI of the Social Security Act at the time of the initial qualifying event or within the first 60 days of COBRA continuation coverage. To be eligible for the extension, the Enrolled Employee and the Enrolled Employee's Dependent must provide the Group documentation of the Social Security disability determination within 60 days of the date it is made and while still within the 18-month continuation period. The disability extension extends to the Enrolled Employee and the Enrolled Employee's Dependents, even if only one person is disabled.

An 18-month period of COBRA continuation coverage following a termination of employment/reduction in hours qualifying event (or a 29-month COBRA Continuation period involving such a termination/reduction followed by a disability extension) may be extended to a total period of up to 36 months for the Enrolled Employee's Dependent who would otherwise lose health coverage by virtue of any of the following "second" qualifying events occurring within the first 18-month (or, if there has been a disability extension, 29-month) period:

- the Enrolled Employee's death;
- the Enrolled Employee and the Enrolled Employee's spouse dissolve their marriage (divorce) or legally separate;
- the Enrolled Employee becomes entitled to Medicare benefits; or
- the Enrolled Employee's Dependent is a child and loses eligibility as a dependent under this Policy.

However (except with regard to employer Chapter 11 bankruptcy as described below), in no event will COBRA continuation coverage extend beyond 36 months from the date coverage was first lost due to the termination of employment/reduction in hours qualifying event. The Enrolled Employee and the Enrolled Employee's Dependent must provide the Group notice of the occurrence of one of these qualifying events.

IF THE ENROLLED EMPLOYEE IS RETIRED AND THE GROUP FILES CHAPTER 11 BANKRUPTCY

COBRA also allows continuation of coverage if the Enrolled Employee is retired, the Group files a Chapter 11 bankruptcy petition, and the Enrolled Employee and the Enrolled Employee's Dependent experiences a loss of plan coverage (or substantial reduction in coverage) within one year before or after the bankruptcy filing. Retired employees, and widows or widowers of retired employees who died before the bankruptcy, may continue coverage for the remainder of their lifetimes. If the Enrolled Employee is retired and die after the bankruptcy, and the Enrolled Employee's Dependents may continue coverage for up to 36 months after the Enrolled Employee death.

IF THE ENROLLED EMPLOYEE BECOMES ENTITLED TO MEDICARE BEFORE ELECTING COBRA

If the Enrolled Employee becomes entitled to Medicare before electing COBRA in connection with a termination of employment or reduction in hours qualifying event, the Enrolled Employee may maintain both Medicare and up to 18 months of COBRA coverage and the Enrolled Employee's Dependents will be allowed to continue their COBRA coverage until the later of:

- up to 18 months from the date coverage otherwise would be lost due to the termination of employment/reduction in hours, or
- up to 36 months from the date the Enrolled Employee became entitled to Medicare.

WHEN COBRA CONTINUATION COVERAGE ENDS

COBRA continuation under this Policy will end for the Enrolled Employee and the Enrolled Employee's Dependents as of the last day of the monthly premium payment period in which any of the following occurs:

- failure to make premium payments necessary to bring premiums current within 45 days of electing COBRA;
- failure to make the monthly premium payment within 30 days of the premium due date;
- the date, after election of COBRA, that the Enrolled Employee and the Enrolled Employee's Dependents become covered under another group health plan (which does not limit or exclude any Preexisting Condition the person might have, either because of no applicable Preexisting Condition or sufficient creditable coverage to eliminate any Preexisting Condition limitation) or become entitled to Medicare benefits;
- the date the lifetime maximum benefit under this Policy is met for an Insured;

- . the date this Policy terminates; or
- the applicable period of COBRA continuation ends.

COBRA Continuation under this Policy will end for the Enrolled Employee and the Enrolled Employee's Dependents:

- when there is final determination that the Enrolled Employee and the Enrolled Employee's Dependent are no longer disabled for the purposes of Title II or Title XVI of the Social Security Act, as of the later of:
 - . the last day of 18 months of continuation coverage; or
 - . the first day of the month that is more than 30 days following the date of the final determination of the nondisability.

This event will terminate the continuation of all Insureds who had qualified to extend by virtue of the Insured's disability and it is the Enrolled Employee and the Enrolled Employee's Dependent's responsibility to notify the Group of such a final determination within 30 days of the day it is made.

WHEN THE ENROLLED EMPLOYEE ACQUIRES A NEW DEPENDENT CHILD WHILE THE ENROLLED EMPLOYEE IS ON COBRA

Children born to the Enrolled Employee or placed with the Enrolled Employee for adoption while the Enrolled Employee is on COBRA may be added to COBRA coverage and have all the rights extended to the Enrolled Employee and the Enrolled Employee's Dependents who have elected COBRA. Addition of such children must occur in accordance with the terms of the Enrollment Qualifications of this Policy.

NOTIFICATION RESPONSIBILITIES

In order to preserve rights under COBRA, Insureds and the Group must meet certain notification, election and payment deadline requirements.

Under COBRA, the Enrolled Employee and the Enrolled Employee's Dependents must inform the Group in writing within 60 days of the Enrolled Employee's divorce or legal separation, or a loss of dependent status. The Group is responsible for notifying the Enrolled Employee and the Enrolled Employee's Dependents of the right to elect COBRA continuation due to any of the other qualifying events (for example, employee's death, termination of employment or reduction in hours, or Medicare entitlement).

Once the Group is notified or aware of a qualifying event, it will send the Enrolled Employee and the Enrolled Employee's Dependents information concerning continuation options, including the necessary COBRA continuation election forms. The Enrolled Employee and the Enrolled Employee's Dependents will have 60 days from the later of the date of the qualifying event or the date of the Group notice to the Enrolled Employee and the Enrolled Employee's Dependent in which to make an election.

As mentioned above, to be eligible for disability extension, the Enrolled Employee and the Enrolled Employee's Dependent must provide the Group documentation of a Social Security disability determination within 60 days of the date it is made and while still within the 18-month COBRA Continuation period following a termination or reduction of hours qualifying event. The determination must reflect that the Enrolled Employee and the Enrolled Employee's Dependent was disabled for Social Security purposes at the time of the initial qualifying event or within the first 60 days of COBRA continuation. If a final determination is subsequently made that the Enrolled Employee and the Enrolled Employee's Dependent is no longer disabled for Social Security purposes, the Enrolled Employee and the Enrolled Employee's Dependent must provide the Group notice of that determination within 30 days of the date it is made.

To be eligible for an extension of the 18-month continuation following a termination of employment/reduction in hours qualifying event (or a 29 month COBRA Continuation period involving such a termination/reduction followed by a disability extension), the Enrolled Employee and the Enrolled Employee's Dependent must notify the Group within 30 days of the occurrence of any of the following "second" qualifying events causing a loss of coverage within that 18-month (or 29-month) period:

- the Enrolled Employee's death;
- the Enrolled Employee and the Enrolled Employee's spouse dissolve their marriage (divorce) or legally separate;
- the Enrolled Employee becomes entitled to Medicare benefits; or
- the Enrolled Employee's Dependent is a child and loses eligibility as a dependent under this Policy.

However (except with regard to employer Chapter 11 bankruptcy as described above), in no event will COBRA continuation coverage extend beyond 36 months from the date coverage was first lost due to the termination of employment/reduction in hours qualifying event. The Enrolled Employee and the Enrolled Employee's Dependent must provide the Group notice of the occurrence of one of these "second" qualifying events.

PAYING CONTINUATION PREMIUM

If Insureds wish to continue coverage, they must pay for it. The premium will reflect the total cost of the group health care coverage and up to a 2% administration fee. For those Insureds who receive COBRA Continuation Coverage due to a Social Security disability determination, the premium and administration fees will be up to 150% of the total cost for coverage for the period of the disability extension (provided the disabled individual is among those continuing coverage). Coverage will cease if timely premium payments are not made. Insureds have a maximum of 45 days from the date that the election form is mailed to the Group to submit the first payment. This first payment must retroactively cover any period of time after the date coverage was terminated. All subsequent payments are due on the first day of the month for which coverage is to be provided or within a 30-day grace period thereafter.

IF INSUREDS DO NOT ELECT COBRA CONTINUATION

If Insureds do not elect COBRA continuation coverage, coverage under this Policy will end according to the terms of this Policy and BCI will not pay claims for services provided on and after the date coverage ends. If Insureds elect and exhaust COBRA continuation coverage, they may be eligible for an individual conversion-type plan.

IMPORTANCE OF KEEPING INFORMATION CURRENT

It is very important that the Enrolled Employee keep the Group informed of the current address of all Insureds who are or may become qualified beneficiaries.