



## COVID-19 Guidelines for Organized Sports Leagues and Tournaments

### We Recommend:

- following the Rebound Idaho protocols currently in affect and following CDC guidelines.
- following the Stage 1 Protocols for youth activities, which is in effect until May 15\*
- that participants have a facemask and wear them when within 6 feet of each other, when this precautionary measure is appropriate and can occur.
- teammates sitting in dugouts or on sidelines, remain 6 ft apart and have them wear masks. If necessary designate extended team space areas.
- Limiting spectators outside of vehicles to two (2) spectators per player. We encourage spectators to wear facemask when appropriate.
- players sanitize their hands every 20 minutes or anytime they transition in and out of the game, which every occurs first.
- spectator spacing be at least six (6) feet from other individuals, who do not reside in the same household
- baseball and softball: have spectator seating start in line with 1<sup>st</sup> and 3<sup>rd</sup> bases and extend down the baselines, out toward the home run fence and around it if necessary. No spectators allowed between dugouts and behind backstop.
- Have multiple game balls available for use
- Sanitize game balls after every inning, quarter, period, etc
- Sanitize bats and helmets after each use
- Promote the use of athletic gloves when possible and appropriate
- Minimizing sharing of baseball/softball gloves, helmets, shin guards, etc where possible.
- Create an exit and entrance path/plan for all spectators and participants to minimize large groups of people standing and walking in close proximity when one game ends and a new game begins.
- Do not participate in team cheers, high five, elbow touches or other congratulatory practices that create contact with others.

*\*Date is estimated target*