

Adult Fall Basketball League



Register By: Sept 30, 2020

Season Begins: Oct 10, 2020

Fees: \$434.60 team

Leagues:

- **Play 1 game a week for 8 weeks, 8 game schedule.**
- **Games will be played on Monday & Wednesday evenings 6:30pm to 10pm.**
- **Games will be played at the Rec Center**

Mandatory coach background

Rosters must be completely filled out including addresses and telephone numbers for all players.

**Team fee MUST be remitted at the time the roster is turned in.
NO EXCEPTIONS!!**

**Call 208-612-8580 with any questions
www.ifrec.org**

City of Idaho Falls Parks and Recreation

Adult Basketball Regulations

- 1) To register a team, **ALL FEES must be paid by deadline set before the season begins.**
- 2) A player may play on only one competitive league team.
- 3) If a player plays in two separate leagues, he **must pay two player fees.** If a player wants to change from one team to another, he must get permission from the teams in the league.
- 4) **All fees must be turned in with the team roster.** All players should sign the roster. Only teams that have turned in completed rosters and have paid all fees will be placed on the schedule.
- 5) If a team picks up a player to field a team on any given night and that player is not on their roster, that team will forfeit the game.
- 6) Anyone home on holiday vacation break or visiting during the holidays or any time is not allowed to play.
- 7) Games are governed from the Idaho High School Basketball rules unless otherwise stated.
- 8) A team in a playoff (not an invitation tournament or end of season tournament) must be comprised of players that have played in at least three (3) league games to be eligible. A pick up rule for tournaments will be specified for individual tournaments.
- 9) A team must have five (5) players to begin a game. A 10 minute grace period will be allowed for the first game only. After that, game time is forfeit time.
- 10) Four time outs allowed per team per game.
- 11) A technical foul is five (5) minutes on the bench. Two technical fouls and the player is ejected from the game. If the player does not leave the game or gym quietly and promptly, a team fine is possible and the player could be fined and suspended from future games. Technical fouls are personal fouls.
- 12) Game will run on 18 minute halves with the clock stopping on free throws and the last 2 minutes of each half only.
- 13) Any fighting will result in a fine, and a suspension will be rules on by the league directors.
- 14) All individuals playing in the Idaho Falls basketball program should display good sportsmanship before, during and after all games to opponents and officials. Teams with a problem player should restrain them. If not, a team fine could follow.
- 15) Please be considerate of all gyms. No dunking is allowed during warm ups for any game. **DUNKING IS NOT ALLOWED AT SCHOOL GYMS AT ANY TIME, EVEN DURING GAMES!!!!** Dunking is allowed at the Recreation Center during games only.

CODE OF CONDUCT

Coaches must sign

The primary purpose of adult sports programs is to offer all of our community the opportunity to pursue, through competitive sports, the physical and emotional benefits such activity offers. All too often the emphasis in such participation has been placed on winning at any cost. It should be remembered that in every competitive sports activity there are winners and losers. The purpose of this Code of Conduct, applicable to every participant, is to engender and motivate a return to good sportsmanship, proper conduct on and off the field, and fully complying with the rules and policies of the Idaho Falls Parks & Recreation Department.

Effective immediately, the Code of Conduct, as defined below, is in force. Team managers will carefully review the rules and requirements herewith set forth and to make them known to their players. They are solely responsible for actions of their teams and players, on and off the field. Improper behavior on the part of any participant can directly affect the future participation by the entire team. No alcoholic beverages and/or smoking are allowed in or on recreation centers or school grounds by players, managers and/or spectators. Penalty: Immediate suspension and loss of league fees.

The Participant's Code of Conduct applies to all players, coaches, and managers. This code applies to players as individuals and/or as a team, and the penalties can be applied to an individual and/or an entire team. This code becomes effective as soon as the participants arrive at the facility of play and remains in effect until the participants leave the facility.

A. No Participant shall:

1. At any time lay hand(s) upon, push, shove strike or threaten to strike an official.
2. Be guilty of physical attack as an aggressor upon any player, official or spectator.
3. Endanger the safety of any player, official or spectator.

B. No Participant shall:

1. Refuse to abide by an official's decision.
2. Be guilty of heaping personal, verbal abuse upon any official for any real or imaginary wrong decision or Judgment.
3. Be guilty of using unnecessarily rough tactics in the play of the game against an opposing player.

C. No Participant shall:

1. Be guilty of objectionable demonstrations of dissent at an official's decision by throwing equipment or any forceful action.
2. Discuss with an official in any manner the decision reached by such official (except Manager).

D. No Participant shall:

1. Smoke while going on or coming off the facility, or while on the field of play.
2. Be guilty of discussing publicly with spectators in a derogatory manner any play, decision, or personal opinion of other players during the game (NO trash talk).
3. Appear on/at the facility at any time in an intoxicated condition, or consume any alcoholic beverage while on a recreation facility.

E. All players must sign Official Roster and Waiver prior to participation.

We understand and agree to the above rules and policies. I agree to abide by all RULES and REGULATIONS which includes any disciplinary measures, fines or suspensions levied.

My Signature acknowledges I have read and that I understand each and every one of the above provisions.

Team:

Date:

Print Name:

Signature:

Youth Sports Coach Background Check Authorization Form

DISCLAIMER AND RELEASE AGREEMENT

This release and authorization acknowledges that we may now, or any time while you are employed, renting or volunteering for the City of Idaho Falls, conduct a verification of your motor vehicle records, and receive any criminal history record information pertaining to you that may be in the files of any federal, state, county or local criminal justice agency and or other information as deemed necessary to fulfill the job/volunteer requirements. The results of this verification process will be used to determine whether you will be allowed to volunteer with youth participants in any Parks and Recreation program. I hereby certify that the information provided by me for this purpose is true and complete to the best of my knowledge and understand that if I am accepted, any false statements or omission will be considered as cause for dismissal/removal.

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First Name: _____ Full Middle Name: _____ Last Name: _____

Alias/Married/Maiden Names: _____ Drivers License #: _____

Social Security #: _____ - _____ - _____ Date of Birth: _____ / _____ / _____

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Please list all addresses lived in during the past 7 years. (Use backside for additional space)

Current Address	City	State	Zip	From/To
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Former Address	City	State	Zip	From/To
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Former Address	City	State	Zip	From/To
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Do you have any Misdemeanor Charges: YES NO

If Yes, please explain: _____

_____ Do you have

any Felony Charges: YES NO

If Yes, please explain: _____

Printed Name of Coach: _____

Signature of Coach: _____

Today's Date: _____ / _____ / _____

Phone Number: (_____) _____

THIS FORM MUST BE RETURNED 2 WEEKS PRIOR TO 1st GAME IN ORDER TO ALLOW SUFFICIENT TIME FOR BACKGROUND CHECKS TO BE PROCESSED!
Background checks must clear before anyone is allowed to coach

TEAM ROSTER AND WAIVER

TEAM NAME _____ YEAR _____
COACH'S NAME _____ ADDRESS _____ PROGRAM _____
CITY _____ STATE _____ ZIP _____ PHONE (H) _____ (cell) _____ LEAGUE _____
E-MAIL: _____

WE THE UNDERSIGNED in consideration for the privilege of participating in the aforementioned City of Idaho Falls Program for the _____ season DO HEREBY AGREE to release the CITY OF IDAHO FALLS RECREATION DEPARTMENT and all other cooperating agencies, employees, officials or managers thereof, from all liability for damages by reason of injuries or property damage that may be sustained as a result of participation in the program. I understand all rules, regulations and deadlines.

PLEASE TYPE OR PRINT CLEARLY ALL INFORMATION

PLAYER NAME	ADDRESS WITH ZIP CODE	PHONE	PLAYERS SIGNATURE
1			
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ADDRESSES AND SIGNATURES REQUIRED!!!!!!