

Welcome to Idaho Falls Raceway Motocross Track

Please read before you ride

For your safety and the safety of others please:

- Only riders and staff inside track area
- Riders must wear all required protective gear
- Approved riding helmet, Goggles, Chest protector, Gloves and Boots
- Enter and exit track at designated points
- Do not enter track area when water truck is in track area
- Wait until track is clear of previous groups riders before entering track
- Use caution your first lap to check track conditions
- Stay in track lanes when riding in track area
- Avoid running over track maintenance equipment
- Be cautious and courteous when riding through the pit area

Riders are divided into one (1) of three (3) groups depending on bike size and riders skill level. Each rider will be given a group sticker to display on your bike.

Riders may only ride one group per practice.

If the flag displayed by the track entrance matches the sticker on your bike it's your turn to ride.

Track attendant will be at track entrance to verify riders are riding their group's session.

Group	Flag color
Mini	White
Beginner/Novice	Yellow
Pro/ Intermediate	Black

If it appears a rider should be in a different skill level group, they will be asked to change groups.

Riding out of turn or in an unsafe manner will result in a verbal warning or may result in the rider being asked to leave the facility for the remainder of practice.

Saturday Practice Schedule

<i>Open Ride</i>	<i>Black/ Yellow</i>	<i>8:00 AM - 8:30 AM</i>
Water Truck		8:30 AM – 8:35 AM
Pro/ Intermediate	Black	8:35 AM – 8:55 AM
Mini	White	8:55 AM – 9:15 AM
Water Truck		9:15 AM – 9:20 AM
Beginner/ Novice	Yellow	9:20 AM – 9:40 AM
Mini	White	9:40 AM – 10:00 AM
Water Truck		10:00 AM – 10:05 AM
Beginner/ Novice	Yellow	10:05 AM – 10:25 AM
Pro/ Intermediate	Black	10:25 AM – 10:45 AM
Water Truck		10:45 AM – 10:50 AM
Beginner/ Novice	Yellow	10:50 AM – 11:10 AM
Pro/ Intermediate	Black	11:10 AM – 11:30 AM
Water Truck		11:30 AM – 11:35 AM
Mini	White	11:35 AM – 11:55 AM
Beginner/ Novice	Yellow	11:55 AM – 12:15 PM
Water Truck		12:15 PM – 12:20 PM
Pro/ Intermediate	Black	12:20 PM – 12:40 PM
Mini	White	12:40 PM – 1:00 PM