



# Kids Tri Harder Route

## Mini, Super & Mega Events



### Swim

- ▲ Mini 25 yards
- ▲ Super 50 yards
- ▲ Mega 100 yards

### Bike

- ▲ Mini ONCE
- ▲ Super TWICE
- ▲ Mega 4 TIMES

### Run

- ▲ Mini ONCE
  - ▲ Super TWICE
  - ▲ Mega 4 TIMES
- (Super, Mega will follow the route to complete lap)

