



# PROCLAMATION

- WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and
- WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems could result in reducing rates of mortality from disease; and
- WHEREAS, men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and
- WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and
- WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and
- WHEREAS, the Men's Health Month website features information about awareness events and activities; and
- WHEREAS, Men's Health Month will focus on a broad range of men's health issues including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and
- WHEREAS, all the citizens of Idaho Falls are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

THEREFORE, I, REBECCA CASPER, MAYOR of the City of Idaho Falls, do hereby proclaim the month of June as

## Men's Health Month

in Idaho Falls and encourage citizens to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the City of Idaho Falls to be affixed on this 14<sup>th</sup> day of May, Two Thousand and Eighteen.

Rebecca L. Noah Casper, Mayor  
City of Idaho Falls