

2016-2017 MEN'S BASKETBALL LEAGUE

DEADLINE TO ENTER: NOVEMBER 14, 2016

SEASON BEGINS: NOVEMBER 28, 2016

TEAM FEE: \$425.00



**Mon-Thurs Evenings
10 Game Schedule
(Play is once a week)**

This is a once a week league. Players may play on only one once a week league team.

Rosters **MUST** be completely filled out including addresses and telephone numbers for all players.

Player fees and team fees must be remitted at the time the roster is turned in.
NO EXCEPTIONS!!

MATCHING T-SHIRTS OR JERSEYS (W/NUMBERS) ARE REQUIRED FOR THIS LEAGUE. (Jerseys can be purchased from the Recreation Center).

CALL 612-8580 FOR MORE INFORMATION. Schedules will be posted at www.ifrec.org when completed.



CITY OF IDAHO FALLS PARKS AND RECREATION

ADULT BASKETBALL REGULATIONS

Play is once a week with a 10 game schedule.

- 1) To register a team, **ALL FEES must be paid by deadline set before the season begins.** All leagues will begin the week after the Thanksgiving Holiday.
- 2) **All fees must be turned in with the team roster.** All players should sign the roster. Only teams that have turned in completed rosters and have paid all fees will be placed on the schedule. The last day to add players to your roster is January 15th 2017. Hardship rule is available. Call Rec. Dept. for details.
- 3) If a team picks up a player to field a team on any given night and that player is not on their roster, that team will forfeit the game.
- 4) Anyone home on holiday vacation break or visiting during the holidays or any time is not allowed to play.
- 5) Games are governed from the Idaho High School Basketball rules unless otherwise stated.
- 6) A team in a playoff (not an invitation tournament or end of season tournament) must be comprised of players that have played in at least three (3) league games to be eligible. A pick up rule for tournaments will be specified for individual tournaments.
- 7) A team must have five (5) players to begin a game. A 10 minute grace period will be allowed for the first game only. After that, game time is forfeit time.
- 8) Four time outs allowed per team per game.
- 9) A technical foul is five (5) minutes on the bench. Two technical fouls and the player is ejected from the game. If the player does not leave the game or gym quietly and promptly, a team fine is possible and the player could be fined and suspended from future games. Technical fouls are personal fouls.
- 10) Game will run on 18 minute halves with the clock stopping on free throws and the last 2 minutes of each half only.
- 11) Any fighting will result in a fine, and a suspension will be rules on by the league directors.
- 12) All individuals playing in the Idaho Falls basketball program should display good sportsmanship before, during and after all games to opponents and officials. Teams with a problem player should restrain them. If not, a team fine could follow.
- 13) Please be considerate of all gyms. No dunking is allowed during warm ups for any game. **DUNKING IS NOT ALLOWED AT SCHOOL GYMS AT ANY TIME, EVEN DURING GAMES!!!!** Dunking is allowed at the Recreation Center during games only.

TEAM ROSTER AND WAIVER

TEAM NAME _____ YEAR _____
COACH'S NAME _____ Address _____ PROGRAM _____
CITY _____ STATE _____ ZIP _____ LEAGUE _____
PHONE (H) _____ (W) _____ E-Mail _____

WE THE UNDERSIGNED in consideration for the privilege of participating in the aforementioned City of Idaho Falls Program for the _____ season DO HEREBY AGREE to release the CITY OF IDAHO FALLS RECREATION DEPARTMENT and all other cooperating agencies, employees, officials or managers thereof, from all liability for damages by reason of injuries or property damage that may be sustained as a result of participation in the program. I understand all rules, regulations and deadlines.

PLEASE TYPE OR PRINT CLEARLY ALL INFORMATION

PLAYER NAME	ADDRESS WITH ZIP CODE	PHONE	PLAYER SIGNATURE
1			
2			
3			
4			
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ADDRESSES AND SIGNATURES REQUIRED!!!

CODE OF CONDUCT (Team manager, sign & return)

The primary purpose of adult sports programs is to offer all of our community the opportunity to pursue, through competitive sports, the physical and emotional benefits such activity offers.

All too often the emphasis in such participation has been placed on winning at any cost.

It should be remembered that in every competitive sports activity there are winners and losers. The purpose of this Code of Conduct, applicable to every participant, is to engender and motivate a return to good sportsmanship, proper conduct on and off the field, and fully complying with the rules and policies of

the Idaho Falls Parks & Recreation Department.

Effective immediately, the Code of Conduct, as defined below, is in force. Team managers will carefully review the rules and requirements herewith set forth and to make them known to their players. They are solely responsible for actions of their teams and players, on and off the field. Improper behavior on the

part of any participant can directly affect the future participation by the entire team. No alcoholic beverages and/or smoking are allowed in or on recreation centers or school grounds by players, managers and/or spectators. Penalty: Immediate suspension and loss of league fees.

The Participant's Code of Conduct applies to all players, coaches, and managers. This code applies to players as individuals and/or as a team, and the penalties can be applied to an individual and/or an entire team. This code becomes effective as soon as the participants arrive at the facility of play and remains in effect until the participants leave the facility.

A. No Participant shall:

1. At any time lay hand(s) upon, push, shove strike or threaten to strike an official.
2. Be guilty of physical attack as an aggressor upon any player, official or spectator.
3. Endanger the safety of any player, official or spectator.

B. No Participant shall:

1. Refuse to abide by an official's decision.
2. Be guilty of heaping personal, verbal abuse upon any official for any real or imaginary wrong decision or Judgment.
3. Be guilty of using unnecessarily rough tactics in the play of the game against an opposing player.

C. No Participant shall:

1. Be guilty of objectionable demonstrations of dissent at an official's decision by throwing equipment or any forceful action.
2. Discuss with an official in any manner the decision reached by such official (except Manager).

D. No Participant shall:

1. Smoke while going on or coming off the facility, or while on the field of play.
2. Be guilty of discussing publicly with spectators in a derogatory manner any play, decision, or personal opinion of other players during the game (NO trash talk).
3. Appear on/at the facility at any time in an intoxicated condition, or consume any alcoholic beverage while on a recreation facility.

E. All players must sign Official Roster and Waiver prior to participation.

We understand and agree to the above rules and policies.

I agree to abide by all RULES and REGULATIONS which includes any disciplinary measures, fines or suspensions levied.

MY SIGNATURE ACKNOWLEDGES I HAVE READ AND THAT I UNDERSTAND EACH AND EVERY ONE OF THE ABOVE PROVISIONS:

Team:

Date:

Print Name:

Manager's Signature: